

ham aha^Nkaaree aha^Nkaar agi-aan maṭ gur mili-ai aap gavaa-i-aa

gaṭI pṭrbl mhl 4] (172-7)	ga-or ^h ee poorbee mehlaa 4.	Gauree Poorbee, Fourth Mehl:
hm Ahl ^k urI Ahl ^k ur AigAwn miq gir imil AYAwpugwieAw]	ham aha ^N kaaree aha ^N kaar agi-aan maṭ gur mili-ai aap gavaa-i-aa.	I am egotistical and conceited, and my intellect is ignorant. Meeting the Guru, my selfishness and conceit have been abolished.
hamYrgugieAw sKupwieAw Dnu Dhu gurUhir rwieAw]1]	ha-umai rog ga-i-aa suk ^h paa-i-aa <u>Dhan Dhan</u> guroo har raa-i-aa. 1	The illness of egotism is gone, and I have found peace. Blessed, blessed is the Guru, the Sovereign Lord King. 1
ram gur kYbcin hir pwieAw]1] rhwaU]	raam gur kai bachan har paa-i-aa. 1 rahaa-o.	I have found the Lord, through the Teachings of the Guru. 1 Pause
myYhIARy p ^l iq ram rwie kl gir m ^r gu p ^l u b ^q wieAw]	mayrai hee-arai pareeṭ raam raa-ay kee gur maarag panth baṭaa-i-aa.	My heart is filled with love for the Sovereign Lord King; the Guru has shown me the path and the way to find Him.
my j lau ip ^l f ^u sB ^u siqgur Ang ^l ij in ivCiVAw hir gil I wieAw]2]	mayraa jee-o pind sab ^h satgur aagai jin vich ^h ur ^h i-aa har gal laa-i-aa. 2	My soul and body all belong to the Guru; I was separated, and He has led me into the Lord's Embrace. 2
myYAl ^h ir p ^l iq I gl d ^h Kn kau gir ihrdy n ^u il idKwieAw]	mayrai anṭar pareeṭ lagee <u>daykhan</u> ka-o gur hir ^d ay naal <u>dikhaa</u> -i-aa.	Deep within myself, I would love to see the Lord; the Guru has inspired me to see Him within my heart.
shj An ^u D ^u BieAw min m ^r Ygur Ang ^l YAwp ^u v ^q wieAw]3]	sahj anand <u>bha</u> -i-aa man morai gur aagai aap vaychaa-i-aa. 3	Within my mind, intuitive peace and bliss have arisen; I have sold myself to the Guru. 3
hm Apr ^u D ^u p ^u p bh ^u k ^l ny kir d ^u st ^l cr crwieAw]	ham apraa <u>Dh</u> paap baho keenay kar <u>dustee</u> chor churaa-i-aa.	I am a sinner - I have committed so many sins; I am a villainous, thieving thief.
Ab n ^u nk srx ^u giq Aw ^u eyhir rw ^u Khu ^l wj hir B ^u wieAw]4]11]25]63]	ab naanak sarnaagaṭ aa-ay har raak ^h o laaj har <u>bhaa</u> -i-aa. 4 11 25 63	Now, Nanak has come to the Lord's Sanctuary; preserve my honor, Lord, as it pleases Your Will. 4 11 25 63