

balihaaree gur aapnay sad sad bal jaa-o

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| AAsw mhl w 5] (400-18) | aasaa mehlaa 5. | Aasaa, Fifth Mehl: |
| sK shj AanduGxw hir klrqnu gwaU] | sook <u>h</u> sa <u>h</u> aanad <u>gh</u> anaa har keertan gaa-o. | Peace, celestial poise and absolute bliss are obtained, singing the Kirtan of the Lord's Praises. |
| grh inviry siqgrl dy Apxw nwaU]1] | garah nivaaray satguroo <u>day</u> apnaa naa-o. 1 | Bestowing His Name, the True Guru removes the evil omens. 1 |
| bil hwrI gr Apxysd sd bil j waU] | balihaaree gur aap <u>na</u> y <u>sad</u> <u>sad</u> bal jaa-o. | I am a sacrifice to my Guru; forever and ever, I am a sacrifice to Him. |
| grIvthuhauvirAw ij suimil scu siAwau]1] rhwaU] | guroo vitahu ha-o vaari-aa jis mil sach su-aa-o. 1 rahaa-o. | I am a sacrifice to the Guru; meeting Him, I am absorbed into the True Lord. 1 Pause |
| sgn Apsgn iqs kauI gih ij sucliq n AwvI] | sagun apasgun tis ka-o lageh jis cheet na aavai. | Good omens and bad omens affect those who do not keep the Lord in the mind. |
| iqsu j munjV n Awvel j o hir pRB BwvI]2] | tis jam nay <u>rh</u> na aavee jo har parab <u>h</u> <u>b</u> haavai. 2 | The Messenger of Death does not approach those who are pleasing to the Lord God. 2 |
| pth dwn j p qp j qysB aPir nwmU] | punn <u>da</u> an jap tap jay <u>ta</u> y sab <u>h</u> ooper naam. | Donations to charity, meditation and penance - above all of them is the Naam. |
| hir hir rsnw j oj pI iqsu pIn kwmU]3] | har har rasnaa jo japai tis pooran kaam. 3 | One who chants with his tongue the Name of the Lord, Har, Har - his works are brought to perfect completion. 3 |
| Blybnsy BIn mh geykoidsIn bIAw] | <u>b</u> hai binsay <u>b</u> haram moh ga-ay ko <u>dis</u> ai na bee-aa. | His fears are removed, and his doubts and attachments are gone; he sees none other than God. |
| nwnk rwy pwr bhim iPir dIkun QIAw]4]18]120] | naanak raak <u>h</u> ay paarbarahm fir <u>do</u> ok <u>h</u> na thee-aa. 4 18 120 | O Nanak, the Supreme Lord God preserves him, and no pain or sorrow afflicts him any longer. 4 18 120 |