

soDhat soDhat soDh tat beechaari-aa

sHl mhl w 5] (761-16)	soohee mehlaa 5.	Soohee, Fifth Mehl:
isimlq bpd prax pkrin pQIAw]	simrit bayd pura <u>an</u> pukaaran pothee-aa.	The Simritees, the Vedas, the Puraanas and the other holy scriptures proclaim
nwm ibnw siB kVugwl p hCIAw]1]	naam binaa sab <u>h</u> koor <u>h</u> gaal ^H ee hoch <u>hee</u> -aa. 1	that without the Naam, everything is false and worthless. 1
nwmuinDwnu Apuru Bgqw min vsf]	naam niD <u>haan</u> apaar <u>b</u> hag <u>ta</u> a man vasai.	The infinite treasure of the Naam abides within the minds of the devotees.
j nm mrx mhudKu swDU slg nsl]1] rhaw]	janam maran <u>u</u> moh <u>du</u> kh saa <u>D</u> hoo sang nasai. 1 rahaa-o.	Birth and death, attachment and suffering, are erased in the Saadh Sangat, the Company of the Holy. 1 Pause
mih bwid Ahkair srpr rInAw]	mohi baad <u>u</u> aha ^N kaar sarpar runni-aa.	Those who indulge in attachment, conflict and egotism shall surely weep and cry.
sKu n pwein@mIl nwm ivChhAw]2]	suk <u>h</u> na paa-ini ^H mool naam vich <u>h</u> unni-aa. 2	Those who are separated from the Naam shall never find any peace. 2
myrI myrI Dwir bDin bIDA w]	mayree mayree <u>D</u> haar ban <u>D</u> han ban <u>D</u> hi-aa.	Crying out, "Mine! Mine!", he is bound in bondage.
nrik srig Avqur mwieAw DIDA w]3]	narak surag av <u>ta</u> ar maa-i-aa <u>D</u> han <u>D</u> hi-aa. 3	Entangled in Maya, he is reincarnated in heaven and hell. 3
sDq sDq siD qqublcwAw]	soD <u>ha</u> t soD <u>ha</u> t soD <u>h</u> tat beechaari-aa.	Searching, searching, searching, I have come to understand the essence of reality.
nwm ibnw sKunwih srpr hwirAw]4]	naam binaa suk <u>h</u> naahi sarpar haari-aa. 4	Without the Naam, there is no peace at all, and the mortal will surely fail. 4
Awih j wih Ank mir mir j nmqy]	aavahi jaahi anayk mar mar janma <u>ta</u> y.	Many come and go; they die, and die again, and are reincarnated.
ibnu bWysBuvwid j nI Brmqy]5]	bin booj <u>h</u> ay sab <u>h</u> vaad <u>u</u> jonee <u>b</u> harma <u>ta</u> y. 5	Without understanding, they are totally useless, and they wander in reincarnation. 5
ij n@kar BeydieAwl iqn@sWDU slgyu BieAw]	jin ^H ka-o <u>b</u> ha-ay <u>da</u> -i-aal tin ^H saa <u>D</u> hoo sang <u>b</u> ha-i-aa.	They alone join the Saadh Sangat, unto whom the Lord becomes Merciful.

Amṛit̃ hir kṛ nṛm̃ iqn̄ j n̄ j ip I ieAṁ]6]	amrit̃ har kaa naam tin ^H ee janee jap la-i-aa. 6	They chant and meditate on the Ambrosial Name of the Lord. 6
Kj ih kit Asik̄ bhiqū Aniq̄ ky]	k̄hojeh kot asa ^N kh̄ bahut̃ anant̃ kay.	Uncounted millions, so many they are endless, search for Him.
ij sū bṛw̄ey Aṁip̄ n̄yṁ iqsū hy]7]	jis buj̄haa-ay aap n̄ayr̄haa t̄is hay. 7	But only that one, who understands his own self, sees God near at hand. 7
ivsr̄un̄ihl d̄iq̄ir̄ Aṁpx̄ n̄m̄ d̄h̄u]	visar n̄aahee d̄aataar aapn̄aa naam d̄ayh.	Never forget me, O Great Giver - please bless me with Your Naam.
ḡix̄ ḡiv̄ idn̄ r̄iq̄ n̄w̄nk̄ c̄w̄au eḥu]8]2]5]16]	ḡun̄ gaavaa d̄in raat̃ naanak̄ chaa-o ayhu. 8 2 5 16	To sing Your Glorious Praises day and night - O Nanak, this is my heart-felt desire. 8 2 5 16