

simrit bayd puraān pukaaran pothee-aa

shl mhl 5] (761-16)	soohee mehlāa 5.	Soohee, Fifth Mehl:
isimiq bd prx pkrin pQIAw]	simrit bayd puraān pukaaran pothee-aa.	The Simritees, the Vedas, the Puraanas and the other holy scriptures proclaim
nwm ibnw siB kV gll hCIAw]1]	naam binaa sabh koorh gaal ^H ee hochhee-aa. 1	that without the Naam, everything is false and worthless. 1
nwm inDwn Apr Bgqw min vs]	naam niDhaan apaar bhagtaa man vasai.	The infinite treasure of the Naam abides within the minds of the devotees.
jnm mrx mh dK sD sig ns]1] rhwa]	janam maran moh dukh saaDhoo sang nasai. 1 rahaa-o.	Birth and death, attachment and suffering, are erased in the Saadh Sangat, the Company of the Holy. 1 Pause
mih bwid Ahkwir srpr rinAw]	mohi baad aha ^N kaar sarpar runni-aa.	Those who indulge in attachment, conflict and egotism shall surely weep and cry.
sK n pwiein mi l nwm ivCinAw]2]	sukh na paa-ini ^H mool naam vichhunni-aa. 2	Those who are separated from the Naam shall never find any peace. 2
mrl mrl Dwir bDin biDAw]	mayree mayree Dhaar banDhan banDhi-aa.	Crying out, "Mine! Mine!", he is bound in bondage.
nrik srig Avqwr mwieAw DiDAw]3]	narak surag avtaar maa-i-aa DhanDhi-aa. 3	Entangled in Maya, he is reincarnated in heaven and hell. 3
sDq sDq siD qq blcwirAw]	soDhat soDhat soDh tat beechaari-aa.	Searching, searching, searching, I have come to understand the essence of reality.
nwm ibnw sK nwh srpr hwirAw]4]	naam binaa sukha naahi sarpar haari-aa. 4	Without the Naam, there is no peace at all, and the mortal will surely fail. 4
Awvih jwh Ank mir mir jnmq]	aavahi jaahi anayk mar mar janmatay.	Many come and go; they die, and die again, and are reincarnated.
ibn bJ sB vwid jnl Brmq]5]	bin boohay sabh vaad jonee bharmatay. 5	Without understanding, they are totally useless, and they wander in reincarnation. 5
ijn ka Be dieAw l iqn sD sg BieAw]	jin ^H ka-o bha-ay da-i-aal tin ^H saaDhoo sang bha-i-aa.	They alone join the Saadh Sangat, unto whom the Lord becomes Merciful.

Alimq hir k n m iqnl jnl jip lieAw]6]	amrit har kaa naam tin^Hee janee jap la-i-aa. 6	They chant and meditate on the Ambrosial Name of the Lord. 6
Kjih kit Ask bhq Anq k]	kh_ojeh kot asa^Nkh bahu_t anant kay.	Uncounted millions, so many they are endless, search for Him.
ijs bJie Aip nV iqs h]7]	jis buj_haa-ay aap nayr_haa tis hay. 7	But only that one, who understands his own self, sees God near at hand. 7
ivsr nihl diqr Aipx n m dh]	visar naahee daataar aap_naa naam dayh.	Never forget me, O Great Giver - please bless me with Your Naam.
gx giv idn riiq nink cwa eh]8]2]5]16]	gun gaavaa din raat naanak chaa-o ayhu. 8 2 5 16	To sing Your Glorious Praises day and night - O Nanak, this is my heart-felt desire. 8 2 5 16