

gur kaa bachan basai jee-a naalay

Dnwsrl mhl w 5 Gru8 dpdy] (679-6)	<u>D</u> hanaasree mehlaa 5 <u>gh</u> ar 8 <u>dup</u> day.	Remembering, remembering, remembering Him in meditation, I find peace; with each and every breath, I dwell upon Him.
ismrau ismir ismir sK pwaui swis swis smwl y]	simra-o simar simar suk <u>h</u> paava-o saas saas samaalay.	Remembering, remembering, remembering Him in meditation, I find peace; with each and every breath, I dwell upon Him.
ieh l ik prl ik slkg shwel j q kq moh rKvwl y]1]	ih lok parlok sang sahaa-ee jat kat mohi rak <u>h</u> vaalay. 1	In this world, and in the world beyond, He is with me, as my help and support; wherever I go, He protects me. 1
gr k bcnubslj IA nwl y]	gur kaa bachan basai jee-a naalay.	The Guru's Word abides with my soul.
j il nhl flbyqskrunhl l yfBwih n swkylj wl y]1] rhwau]	jal nahee doobai taskar nahee layvai <u>b</u> haahi na saakai jaalay. 1 rahaa-o.	It does not sink in water; thieves cannot steal it, and fire cannot burn it. 1 Pause
inrDn kauDnuAldl ykautk mwq dDuj sybwil y]	nir <u>D</u> han ka-o <u>D</u> han an <u>D</u> hulay ka-o tik maat <u>d</u> oo <u>D</u> h jaisay baalay.	It is like wealth to the poor, a cane for the blind, and mother's milk for the infant.
swgr mih bohQuwieE hir nwnk krl ikpw ikrpwl y]2]1]32]	saagar meh bohith paa-i-o har naanak karee kirpaa kirpaalay. 2 1 32	In the ocean of the world, I have found the boat of the Lord; the Merciful Lord has bestowed His Mercy upon Nanak. 2 1 32