

saaDho man kaa maan ti-aaga-o

raag gaal mhl 9 ] (219-1)	raag ga-or <u>h</u> ee mehlaa 9.	Raag Gauree, Ninth Mehl
saaD <u>h</u> o man kaa maan <u>t</u> i-aaga-o ]	saaD <u>h</u> o man kaa maan <u>t</u> i-aaga-o.	: Holy Saadhus: forsake the pride of your mind.
kaam kroD <u>h</u> sangat <u>d</u> urjan kee <u>t</u> aa tay ahinis <u>b</u> haaga-o.   1   rahaa-o.	kaam kroD <u>h</u> sangat <u>d</u> urjan kee <u>t</u> aa tay ahinis <u>b</u> haaga-o.   1   rahaa-o.	Sexual desire, anger and the company of evil people - run away from them, day and night.   1  Pause
suk <u>h</u> <u>d</u> uk <u>h</u> <u>d</u> ono sam kar jaanai a- or maan apmaanaa ]	suk <u>h</u> <u>d</u> uk <u>h</u> <u>d</u> ono sam kar jaanai a- or maan apmaanaa.	One who knows that pain and pleasure are both the same, and honor and dishonor as well,
harakh sog tay rahai a <u>t</u> ee <u>t</u> aa <u>t</u> in jag <u>t</u> at pach <u>h</u> aanaa.   1	harakh sog tay rahai a <u>t</u> ee <u>t</u> aa <u>t</u> in jag <u>t</u> at pach <u>h</u> aanaa.   1	who remains detached from joy and sorrow, realizes the true essence in the world.   1
ust <u>a</u> t nindaa <u>d</u> o-oo <u>t</u> i-aagai <u>k</u> hojai pad nirbaanaa ]	ust <u>a</u> t nindaa <u>d</u> o-oo <u>t</u> i-aagai <u>k</u> hojai pad nirbaanaa.	Renounce both praise and blame; seek instead the state of Nirvaanaa.
jan naanak ih <u>k</u> hayl <u>k</u> ath <u>a</u> n hai kinhoo <sup>N</sup> gurmuk <u>h</u> jaanaa.   2  1	jan naanak ih <u>k</u> hayl <u>k</u> ath <u>a</u> n hai kinhoo <sup>N</sup> gurmuk <u>h</u> jaanaa.   2  1	O servant Nanak, this is such a difficult game; only a few Gurmukhs understand it!   2  1