

naam kahaṭ govind kaa soochee bha-ee rasnaa

ibI wvI umhI w 5 ] (811-9)	bilaaval mehlaa 5.	Bilaaval, Fifth Mehl:
sWdStIqI kYbwsbYkI mI siB nsnW ]	saa <u>D</u> hsangaṭ kai baasbai kalmal sabh nasnaa.	Dwelling in the Saadh Sangat, the Company of the Holy, all sins are erased.
pB sqI rIlg riiqA w qw qygrIB n gIsnW ]1]	parabh sayṭee rang raati-aa ṭaa ṭay garabh na garsanaa.   1	One who is attuned to the Love of God, is not cast into the womb of reincarnation.   1
nwmukhq givṭI k w stI Bel rsnW ]	naam kahaṭ govind kaa soochee <u>b</u> ha-ee rasnaa.	Chanting the Name of the Lord of the Universe, the tongue becomes holy.
mn qn inrml hæl hYgr k w j pu j pnW ]1] rhwau]	man ṭan nirmal ho-ee hai gur kaa jap japnaa.   1   rahaa-o.	The mind and body become immaculate and pure, chanting the Chant of the Guru.   1  Pause
hir rsucwKq DnipA w min rsuI Y hsnW ]	har ras chaakhaṭ <u>D</u> haraapi-aa man ras lai hasnaa.	Tasting the subtle essence of the Lord, one is satisfied; receiving this essence, the mind becomes happy.
biD pIgs pIgt Bel ai it kml u ibgsnW ]2]	bu <u>D</u> h pargaas pargat <u>b</u> ha-ee ulat kamal bigsanaa.   2	The intellect is brightened and illuminated; turning away from the world, the heart-lotus blossoms forth.   2
slqI slIq stIku hie sB bWl iqIsnW ]	seetal saa <sup>N</sup> t santokh ho-ay sabh boojhee ṭarisnaa.	He is cooled and soothed, peaceful and content; all his thirst is quenched.
dh ids Dvwq imit geyinrml Qwin bsnW ]3]	<u>d</u> ah <u>d</u> is <u>D</u> haavat mit ga-ay nirmal thaan basnaa.   3	The mind's wandering in the ten directions is stopped, and one dwells in the immaculate place.   3
rwnhwrY rwiKA w Bey BIn BsnW ]	raakhanhaarai raakhi-aa <u>b</u> ha-ay <u>b</u> haram <u>b</u> hasnaa.	The Savior Lord saves him, and his doubts are burnt to ashes.
nwmuinDwn nwnk sIKI pjK sWd drsnW ]4]13]43]	naam ni <u>D</u> haan naanak sukhee paykh saa <u>D</u> h <u>d</u> arsanaa.   4  13  43	Nanak is blessed with the treasure of the Naam, the Name of the Lord. He finds peace, gazing upon the Blessed Vision of the Saints' Darshan.   4  13  43