

har kaa bilovanaa bilovahu mayray bhaa-ee

Aasaa sil kabir j laukycapdy iekqky] (478-6)	aasaa saree kabeer jee-o kay cha- upday iktukay.	Aasaa Of Kabeer Jee, Chau-Padas, Ik-Tukas:
snk snpd Anhl pwieAw]	sanak sanand ant nahee paa-i-aa.	Sanak and Sanand, the sons of Brahma, could not find the Lord's limits.
bd pVypiv bhmyj nmugvwieAw]1]	bayd parhay parh barahmay janam gavaa-i-aa. 1	Brahma wasted his life away, continually reading the Vedas. 1
hir k w ibl wnw ibl w h u m y r y B w e l]	har kaa bilovanaa bilovahu mayray <u>b</u> haa-ee.	Churn the churn of the Lord, O my Siblings of Destiny.
shij ibl w h u j s y q q u n j w e l]1] rhaw]	sahj bilovahu jaisay ta na jaa-ee. 1 rahaa-o.	Churn it steadily, so that the essence, the butter, may not be lost. 1 Pause
qnu kir mtkl mn mwih ibl el]	tan kar matukee man maahi bilo- ee.	Make your body the churning jar, and use the stick of your mind to churn it.
iesumtkl mih sbdu s j e l]2]	is matukee meh sabad sanjo-ee. 2	Gather the curds of the Word of the Shabad. 2
hir k w ibl w n w m n k w b l c w r w]	har kaa bilovanaa man kaa beecharaa.	The churning of the Lord is to reflect upon Him within your mind.
gur p l s w i d p w v A l l m b q D w r w]3]	gur parsaad paavai amrit <u>D</u> haaraa. 3	By Guru's Grace, the Ambrosial Nectar flows into us. 3
khukblr ndir kryj y m l r w]	kaho kabeer nadar karay jay mee ^N raa.	Says Kabeer, if the Lord, our King casts His Glance of Grace,
ram nam l ig a g r y q l r w]4]1]10]	raam naam lag utray teeraa. 4 1 10	one is carried across to the other side, holding fast to the Lord's Name. 4 1 10