

jaag ray man jaaganhaaray

Aisw mhl w 5] (387-12)	aasaa mehlaa 5.	Aasaa, Fifth Mehl:
siqgur Apnw sd sdw smwry]	satgur apnaa sad sadaa sam ^H aaray.	I contemplate, forever and ever, the True Guru;
gur ky crn kys sllg Jwry]1]	gur kay charan kays sang jhaaray. 1	with my hair, I dust the feet of the Guru. 1
j wgu rymn j wgnhwry]	jaag ray man jaaganhaaray.	Be wakeful, O my awakening mind!
ibnuhir Avrun Aavis kww Jw mhuimiQAw psury]1] rhwau]	bin har avar na aavas kaamaa jhoothaa moh mithi-aa pasaaray. 1 rahaa-o.	Without the Lord, nothing else shall be of use to you; false is emotional attachment, and useless are worldly entanglements. 1 Pause
gur kl bwxl isaurkyl wie]	gur kee banee si-o rang laa-ay.	Embrace love for the Word of the Guru's Bani.
guruikrpwl uhie dKuj wie]2]	gur kirpaal ho-ay dukh jaa-ay. 2	When the Guru shows His Mercy, pain is destroyed. 2
gur ibnu dlj w nwhl Qwau]	gur bin doojaa naahee thaa-o.	Without the Guru, there is no other place of rest.
guru dww gur dyf nww]3]	gur daataa gur dayvai naa-o. 3	The Guru is the Giver, the Guru gives the Name. 3
guru pwr bhmuprmjsru Awip]	gur paarbarahm parmaysar aap.	The Guru is the Supreme Lord God; He Himself is the Transcendent Lord.
AwT phr nwnk gur j wip]4]16]67]	aath pahar naanak gur jaap. 4 16 67	Twenty-four hours a day, O Nanak, meditate on the Guru. 4 16 67