

ih man girhee ke ih man udaasee

ml wr mhl w 3 Gru2 (1261-4)	malaar mehlaa 3 <u>ghar</u> 2	Malaar, Third Mehl, Second House:
iehu mnuigrhl ik iehu mnu adwsl]	ih man girhee ke ih man u <u>da</u> asee.	Is this mind a householder, or is this mind a detached renunciate?
ik iehu mnu Avrnusdw Aivnwsl]	ke ih man avran sa <u>da</u> aa avinaasee.	Is this mind beyond social class, eternal and unchanging?
ik iehu mnu ckl uik iehu mnu bhwgl]	ke ih man chanchal ke ih man bairaagee.	Is this mind fickle, or is this mind detached?
iesu mn kau mmqw ik Qhu l wgl]1]	is man ka-o mam <u>ta</u> aa kithhu laagee. 1	How has this mind been gripped by possessiveness? 1
plwfq iesu mn kw krhu bclwru]	pandit is man kaa karahu beechaar.	O Pandit, O religious scholar, reflect on this in your mind.
Avru ik bhqw pVih auwvih Bwru]1] rhwau]	avar ke bahu <u>ta</u> aa par <u>he</u> h u <u>th</u> aaveh <u>bha</u> ar. 1 rahaa-o.	Why do you read so many other things, and carry such a heavy load? 1 Pause
mwieAw mmqw krqyl wel]	maa-l-aa mam <u>ta</u> aa kartai laa-ee.	The Creator has attached it to Maya and possessiveness.
Ehu hukmu kir islit apwel]	ayhu hukam kar sarisat upaa-ee.	Enforcing His Order, He created the world.
Gir prswdl bWhu Bwel]	gur parsaa <u>de</u> e booj <u>h</u> hu <u>bha</u> aa-ee.	By Guru's Grace, understand this, O Siblings of Destiny.
Sdw rhuhir kl srxwel]2]	sa <u>da</u> aa rahhu har kee sar <u>na</u> aa-ee. 2	Remain forever in the Sanctuary of the Lord. 2
so plwfqu j oiqhw gwkw kl plwf auqrY]	so pandit jo t <u>i</u> haa ^N gunaa kee pand u <u>ta</u> arai.	He alone is a Pandit, who sheds the load of the three qualities.
Anidnu ejko nwmu vKwxY]	an-d <u>i</u> n ayko naam vak <u>ha</u> anai.	Night and day, he chants the Name of the One Lord.
Siqgur kl Ehu dliKAw l je]	satgur kee oh <u>de</u> ek <u>hi</u> -aa lay-ay.	He accepts the Teachings of the True Guru.
Siqgur Awgylslu Drje]	satgur aagai sees <u>D</u> haray-ay.	He offers his head to the True Guru.
Sdw Al gu rhY inrbwxu]	sa <u>da</u> aa alag rahai nirbaan <u>.</u>	He remains forever unattached in the state of Nirvaanaa.
So plwfqu drgh prvwXu]3]	so pandit <u>d</u> argeh parvaan <u>.</u> 3	Such a Pandit is accepted in the Court of the Lord. 3

sBnW mih ek _o ek _u vK _w xY]	sabhnaa ^N meh ayko ayk vakhaanai.	He preaches that the One Lord is within all beings.
j W ek _o vK _Y qW ek _o j wX _Y]	jaa ^N ayko vayk _{hai} taa ^N ayko jaanai.	As he sees the One Lord, he knows the One Lord.
j w kauBKsymj y sie]	jaa ka-o bakhsay maylay so-ay.	That person, whom the Lord forgives, is united with Him.
AQYEQYsdw siku hie]4]	aithai othai sadaa suk _h ho-ay. 4	He finds eternal peace, here and hereafter. 4
khq nwnku kvn ibiD kryikAw kie]	kaha _t naanak kavan biD _h karay ki- aa ko-ay.	Says Nanak, what can anyone do?
Sel mikiq j w kauikrpw hie]	so-ee muka _t jaa ka-o kirpaa ho-ay.	He alone is liberated, whom the Lord blesses with His Grace.
Anidnuhir gx gwY'sie]	an-din har gun gaavai so-ay.	Night and day, he sings the Glorious Praises of the Lord.
SwsqRbd kl iPir kIk n hie]5]1]10]	saastar bayd kee fir kook na ho-ay. 5 1 10	Then, he no longer bothers with the proclamations of the Shaastras or the Vedas. 5 1 10