

mayray man har oopar keejai bharvaasaa

gM mhl w 4] (860-3)	gond mehlaa 4.	Gond, Fourth Mehl:
Absi hir syIAVinq iDAwelaYj o iKn mih ikl ivK siB kryibnws]	aisaa har sayvee-ai ni <u>t</u> <u>Dhi</u> -aa-ee-ai jo <u>khin</u> meh kilvikh <u>sab</u> h karay binaasaa.	Serve such a Lord, and ever meditate on Him, who in an instant erases all sins and mistakes.
j yhir iqAvig Avr kl Awk klj Y qw hir inhPI sB Gw gws]	jay har ti-aag avar kee aas keejai <u>taa</u> har nihfal <u>sab</u> h <u>ghaal</u> gavaasaa.	If someone forsakes the Lord and places his hopes in another, then all his service to the Lord is rendered fruitless.
myrmn hir sjvhusKdwq sAml ij susjvAisB BK l hws]1]	mayray man har sayvihu <u>sukh</u> - <u>daata</u> su-aamee jis sayvi-ai <u>sab</u> h <u>bhukh</u> lahaasaa. 1	O my mind, serve the Lord, the Giver of peace; serving Him, all your hunger shall depart. 1
myrmn hir apir klj YBrws]	mayray man har oopar keejai <u>bharvaasaa</u> .	O my mind, place your faith in the Lord.
j h j welaYqh nwil myw sAml hir Apnl pj rKlj n dwsw]1] rhws]	jah jaa-ee-ai <u>tah</u> naal mayraa su- aamee har apnee paj <u>rakhai</u> jan daasaa. 1 rahaa-o.	Wherever I go, my Lord and Master is there with me. The Lord saves the honor of His humble servants and slaves. 1 Pause
j yApnl ibrQw khhuAvrw pih qw Awig! Apnl ibrQw bhubhiq kFws]	jay apnee birthaa kahhu avraa peh <u>taa</u> aagai apnee birthaa baho bahut <u>kadhaasaa</u> .	If you tell your sorrows to another, then he, in return, will tell you of his greater sorrows.
Apnl ibrQw khhuhir Apny sAml pih j oqmqy dIK qqkw ktws]	apnee birthaa kahhu har apunay su-aamee peh jo <u>tum</u> ^H ray <u>dookh</u> <u>tatkaal</u> kataasaa.	So tell your sorrows to the Lord, your Lord and Master, who shall instantly dispel your pain.
soAbsi pBwCif Apnl ibrQw Avrw pih khlAI Avrw pih kih mn l wj mrws]2]	so aisaa parab <u>h</u> <u>chhod</u> apnee birthaa avraa peh kahee-ai avraa peh kahi man laaj maraasaa. 2	Forsaking such a Lord God, if you tell your sorrows to another, then you shall die of shame. 2
josBwkykutlb imqRBwel dlsih mn myqysib Apny sAwie iml ws]	jo sansaarai kay kutamb mi <u>tar</u> <u>bhaa</u> -ee <u>deeseh</u> man mayray <u>ta</u> y <u>sab</u> h apnai su-aa-ay milaasaa.	The relatives, friends and siblings of the world that you see, O my mind, all meet with you for their own purposes.
ij qidin an@kw sAwaihie n Aiwliqqidin nyk on Fkws]	jit <u>din</u> un ^H kaa su-aa-o ho-ay na aavai tit <u>din</u> nay <u>rhai</u> ko na <u>dhukaasaa</u> .	And that day, when their self-interests are not served, on that day, they shall not come near you.

mn myry Apnw hir sjv idnurwql j oqDapkrYdIK skws]3]	man mayray apnaa har sayv <u>din</u> raatee jo <u>tuDh</u> upkarai <u>dookh</u> sukhaasaa. 3	O my mind, serve your Lord, day and night; He shall help you in good times and bad. 3
iqs k Brws ikauklj Ymn myry j oAqI Aasir riK n skws]	tis kaa <u>bharvaasaa</u> ki-o keejai man mayray jo antee a-osar <u>rakh</u> na sakaasaa.	Why place your faith in anyone, O my mind, who cannot come to your rescue at the last instant?
hir j pumqgr apdsil Yj mphi iqn@Aq Cfweij ij n@hir pliq icqws]	har jap mant gur updays lai jaapahu <u>tin</u> ^H ant <u>chhadaa-ay</u> <u>jin</u> ^H har pareet chitaasaa.	Chant the Lord's Mantra, take the Guru's Teachings, and meditate on Him. In the end, the Lord saves those who love Him in their consciousness.
j n nnk Anidnunmuj phuhir shuehu Ctx k swc Brws]4]2]	jan naanak an- <u>din</u> naam japahu har santahu ih <u>chhootan</u> kaa saachaa <u>bharvaasaa</u> . 4 2	Servant Nanak speaks: night and day, chant the Lord's Name, O Saints; this is the only true hope for emancipation. 4 2