



<p>mn myry Apnw hir sjv idnu r wql j 0 q Du apkr y d k s k w s w ] 3 ]</p>	<p>man mayray apnaa har sayv <u>d</u>in raate<sup>e</sup> jo tu<u>D</u>h upkarai <u>dookh</u> suk<u>h</u>aasaa.   3  </p>	<p>O my mind, serve your Lord, day and night; He shall help you in good times and bad.   3  </p>
<p>iqs kw Brv w s w ikau klj Ymn myry j 0 A k l A a s i r r i K n s k w s w ]</p>	<p>tis kaa <u>b</u>harvaasaa ki-o keejai man mayray jo an<sup>t</sup>ee a-osar rak<u>h</u> na sakaasaa.</p>	<p>Why place your faith in anyone, O my mind, who cannot come to your rescue at the last instant?</p>
<p>hir j pu m l u g u r a p d s u l Y j w p h u i q n @ A l l q C f w e y i j n @ h i r p l i q i c q w s w ]</p>	<p>har jap mant <u>g</u>ur up<u>d</u>ays lai jaapahu tin<sup>H</sup> ant <u>ch</u>hadaa-ay jin<sup>H</sup> har pareet <u>ch</u>itaasaa.</p>	<p>Chant the Lord's Mantra, take the Guru's Teachings, and meditate on Him. In the end, the Lord saves those who love Him in their consciousness.</p>
<p>j n n w n k A n i d n u n w m u j p h u h i r s k h u i e h u C l t x k w s w c w B r v w s w ] 4 ] 2 ]</p>	<p>jan naanak an-<u>d</u>in naam japahu har sant<u>a</u>hu ih <u>ch</u>hootan kaa saachaa <u>b</u>harvaasaa.   4  2  </p>	<p>Servant Nanak speaks: night and day, chant the Lord's Name, O Saints; this is the only true hope for emancipation.   4  2  </p>