

aavhu sant milhu mayray bhaa-ee mil har har katha karahu

ib l v l m h l 4] (799-18)	bilaaval mehlāa 4.	Bilaaval, Fourth Mehl:
A v h s q i m l h m r B i e l i m i l h i r h i r k Q k r h]	aavhu sant milhu mayray <u>b</u> haa-ee mil har har katha karahu.	Come, O Saints, and join together, O my Siblings of Destiny; let us tell the Stories of the Lord, Har, Har.
h i r h i r n m b i h Q h k l j i g K v t g r s b i d q r h] 1]	har har naam bohith hai kaljug <u>k</u> hayvat gur sabad <u>t</u> arahu. 1	The Naam, the Name of the Lord, is the boat in this Dark Age of Kali Yuga; the Word of the Guru's Shabad is the boatman to ferry us across. 1
m r m n h i r g x h i r a c r h]	mayray man har gun har uchrahu.	O my mind, chant the Glorious Praises of the Lord.
m s q i k i l K q i l K g n g w e i m i l s g i q p i r p r h] 1] r h a a]	mastak likhat likhay gun gaa-ay mil sangat paar parahu. 1 rahaa-o.	According to the pre-ordained destiny inscribed upon your forehead, sing the Praises of the Lord; join the Holy Congregation, and cross over the world-ocean. 1 Pause
k w i e A n g r m i h r w m r s a q m i k a p w e l A a p d s j n k r h]	kaa-i-aa nagar meh raam ras ootam ki-o paa-ee-ai updays jan karahu.	Within the body-village is the Lord's supreme, sublime essence. How can I obtain it? Teach me, O humble Saints.
s i q g r s i v s p l h i r d r s n i m i l A i m q h i r r s p l A h] 2]	satgur sayv safal har darsan mil amrit har ras pee-ahu. 2	Serving the True Guru, you shall obtain the Fruitful Vision of the Lord's Darshan; meeting Him, drink in the ambrosial essence of the Lord's Nectar. 2
h i r h i r n m A i m q h i r m l T w h i r s q h c w i k i d K h]	har har naam amrit har meethaa har santahu chaakh dikhahu.	The Ambrosial Name of the Lord, Har, Har, is so sweet; O Saints of the Lord, taste it, and see.
g r m i q h i r r s m l T w l w g i q n i b s r s i B i b K r s h] 3]	gurmat har ras meethaa laagaa tin bisray sabh bikh rasahu. 3	Under Guru's Instruction, the Lord's essence seems so sweet; through it, all corrupt sensual pleasures are forgotten. 3
r w m n w m r s r w m r s w i e x h i r s v h s q j n h]	raam naam ras raam rasaa-in har sayvhu sant janhu.	The Name of the Lord is the medicine to cure all diseases; so serve the Lord, O humble Saints.
c w i r p d w r Q c w r p w e g r m i q n w n k h i r B j h] 4] 4]	chaar padaarath chaaray paa-ay gurmat naanak har <u>b</u> hajahu. 4 4	The four great blessings are obtained, O Nanak, by vibrating upon the Lord, under Guru's Instruction. 4 4