

aan rasaa jaytay tai chaakhay

ga/I gAuryI mhl 5] (180-13)	ga-or ^h ee gu-aarayree mehlaa 5.	Gauree Gwaarayree, Fifth Mehl:
Awn rs w j gyq/cwKy]	aan rasaa jaytay tai chaakhay.	You may taste the other flavors,
inmK n iqIsnw qrl I wQy]	nimakh na tarisnaa tayree laathay.	but your thirst shall not depart, even for an instant.
hir rs kw qllcwKih sudu]	har ras kaa too ^N chaakhahi saad.	But when you taste the sweet flavor the the Lord's sublime essence
cwKq hie rhih ibsmwdu]1]	chaakhay ho-ay raheh bismaad. 1	- upon tasting it, you shall be wonder-struck and amazed. 1
Almqur snw plawpAwrl]	amrit rasnaa pee-o pi-aaree.	O dear beloved tongue, drink in the Ambrosial Nectar.
ieh rs rwql hie iqBqwrI]1] rhaw]	ih ras raatee ho-ay tariptaaree. 1 rahaa-o.	Imbued with this sublime essence, you shall be satisfied. 1 Pause
hyj hvqqlrw gix gwau]	hay jihvay too ^N raam gun gaa-o.	O tongue, sing the Glorious Praises of the Lord.
inmK inmK hir hir hir iDAwau]	nimakh nimakh har har har Dhi-aa-o.	Each and every moment, meditate on the Lord, Har, Har, Har.
Awn n snlAYkqhllj welay]	aan na sunee-ai katahoo ^N jaa-ee-ai.	Do not listen to any other, and do not go anywhere else.
swDsbgjq vfBwgl pwelay]2]	saaDhsangat vadbhaagee paa-ee-ai. 2	By great good fortune, you shall find the Saadh Sangat, the Company of the Holy. 2
AwT phr ij hvqAwriD] pwrblhm Tukr AngriD]	aath pahar jihvay aaraaDh. paarbarahm thaakur aagaaDh.	Twenty-four hours a day, O tongue, dwell upon God, the Unfathomable, Supreme Lord and Master.
elhw alhw sdw shj I]	eehaa oohaa sadaa suhaylee.	Here and hereafter, you shall be happy forever.
hir gix gwvq rsn Amd I]3]	har gun gaavaat rasan amolee. 3	Chanting the Glorious Praises of the Lord, O tongue, you shall become priceless. 3
bnspiq mail I Pl Pl pfy]	banaspat ma-ulee fal ful payday.	All the vegetation will blossom forth for you, flowering in fruition;
ieh rs rwql bhir n CfY]	ih ras raatee bahur na chhoday.	imbued with this sublime essence, you shall never leave it again.
Awn n rs ks I vIn I wll]	aan na ras kas lavai na laa-ee.	No other sweet and tasty flavors can compare to it.
khunink gir Beyh'shwel]4]15]84]	kaho naanak gur bha-ay hai sahaa-ee. 4 15 84	Says Nanak, the Guru has become my Support. 4 15 84