

abhināsee jee-an ko daataa simrat sabh mal kho-ee

sriT mhl ॥ 5] (617-16)	sorath mehlāa 5.	Sorat'h, Fifth Mehl:
Aibnisl j lAn ko diq ismrq sB ml uKael]	abhināsee jee-an ko daataa simrat sabh mal kho-ee.	He is imperishable, the Giver of all beings; meditating on Him, all filth is removed.
gx inDin Bgqn kaibrqin ibr l ॥ pwlKael]1]	gun niDhaan bhagtan ka-o bartan birlaa paavai ko-ee. 1	He is the treasure of excellence, the object of His devotees, but rare are those who find Him. 1
myrman j ip gr gpwl pBusel]	mayray man jap gur gopaal parabh so-ee.	O my mind, meditate on the Guru, and God, the Cherisher of the world.
j ॥ kl srix pieA ॥ skupielA biniV dKun hael]1] rhau]	jaa kee saran pa-i-aa ^N sukh paa- ee-ai baahurh dookh na ho-ee. 1 rahaa-o.	Seeking His Sanctuary, one finds peace, and he shall not suffer in pain again. 1 Pause
vfBgl sDskuprpiq iqn Bytq dirmiq Kael]	vadbhaagee saaDhsang paraapat tin bhaytat durmat kho-ee.	By great good fortune, one obtains the Saadh Sangat, the Company of the Holy. Meeting them, evil-mindedness is eliminated.
iqn kl Dlr nwnkudisubwCij n hir nwnirdlprael]2]5]33]	tin kee Dhoor naanak daas baachhai jin har naam ridai paro- ee. 2 5 33	Slave Nanak yearns for the dust of the feet of those, who have woven the Lord's Name into their hearts. 2 5 33