

anik jaṭan nahee hoṭ chhutaaraa

gaṭI gaAaryI mhl 5] (178-18)	ga-or <u>h</u> ee gu-aarayree mehlaa 5.	Gauree Gwaarayree, Fifth Mehl:
Aink j qn nhl hq Cūwṛw]	anik jaṭan nahee hoṭ <u>chhutaaraa</u> .	By all sorts of efforts, people do not find salvation.
bhiquisAwxp Awgl Bwṛw]	bahut si-aanap aagal <u>bhaaraa</u> .	Through clever tricks, the weight is only piled on more and more.
hir kl syw inrml hq]	har kee sayvaa nirmal hayṭ.	Serving the Lord with a pure heart,
pB kl drgh sBw sq]1]	parab <u>h</u> kee <u>d</u> argeh sob <u>h</u> aa sayṭ. 1	you shall be received with honor at God's Court. 1
mn mryghu hir nwm kṛ EI w]	man mayray gahu har naam kaa olaa.	O my mind, hold tight to the Support of the Lord's Name.
quYn I wgy quqw Jd w]1] rhwau]	<u>t</u> ujhai na laagai <u>t</u> aataa <u>j</u> holaa. 1 rahaa-o.	The hot winds shall never even touch you. 1 Pause
ij au bōhQuBṛsigr mwih]	ji-o bohith <u>b</u> hai saagar maahi.	Like a boat in the ocean of fear;
ADkṛ dlpk dlpwih]	an <u>D</u> kaar <u>d</u> eepak <u>d</u> eepaahi.	like a lamp which illumines the darkness;
Agin slq kṛ I whis dK]	agan seeṭ kaa laahas <u>d</u> ook <u>h</u> .	like fire which takes away the pain of cold
nwmj pq min hwq sK]2]	naam japaṭ man hovaṭ sook <u>h</u> . 2	- just so, chanting the Name, the mind becomes peaceful. 2
aqir j wie qrymn kl ipAṛs]	uṭar jaa-ay <u>t</u> ayray man kee pi-aas.	The thirst of your mind shall be quenched,
pln hw/sgl I Aṛs]	pooran hovai saglee aas.	and all hopes shall be fulfilled.
fd Ynwih qmṛw clqu]	dolai naahee <u>t</u> umraa cheeṭ.	Your consciousness shall not waver.
Almq nwmj ip gurmik mlq]3]	amrit naam jap gurmuk <u>h</u> meet. 3	Meditate on the Ambrosial Naam as Gurmukh, O my friend. 3
nwm AaKDṛsel j nupwv]	naam a-uk <u>h</u> a <u>D</u> h so-ee jan paavai.	He alone receives the panacea, the medicine of the Naam,
kir ikrpw ij suAwip idvwv]	kar kirpaa jis aap <u>d</u> ivaavai.	unto whom the Lord, in His Grace, bestows it.
hir hir nwmj w kYihrdYvsY]	har har naam jaa kai hir <u>d</u> ai vasai.	One whose heart is filled with the Name of the Lord, Har, Har
dKṛdrduiqh nwnk nsY]4]10]79]	<u>d</u> ook <u>h</u> <u>d</u> arad <u>t</u> ih naanak nasai. 4 10 79	- O Nanak, his pains and sorrows are eliminated. 4 10 79