

aavhu sanṭ paraan sukh-daatay simreh parabh abhinaasee

swrg mhl 5 ] (1206-2)	saarag mehlaa 5.	Saarang, Fifth Mehl:
Anidnurm kygx khIAV ]	an-din raam kay gun kahee-ai.	Night and day, utter the Glorious Praises of the Lord.
sgl pdwrQ srb sIK isiD mn bICq PI I hIAV ]1] rhwau ]	sagal padaarath sarab sookh siDh man baa <sup>N</sup> chhat fal lahee-ai.   1   rahaa-o.	You shall obtain all wealth, all pleasures and successes, and the fruits of your mind's desires.   1  Pause
Aavhu skj pln sIKdiqy ismrh pBuAibnisl ]	aavhu sanṭ paraan sukh-daatay simreh parabh abhinaasee.	Come, O Saints, let us meditate in remembrance on God; He is the Eternal, Imperishable Giver of Peace and Praanaa, the Breath of Life.
AnwQh nuQudln dIK Bji n plir rihE Gt vrsI ]1]	anaathah naath deen dukh bhanjan poor rahi-o ghat vaasee.   1	Master of the masterless, Destroyer of the pains of the meek and the poor; He is All-pervading and permeating, abiding in all hearts.   1
gwwq sng sinwq srDw hir rsu pl vFBwgy ]	gaavaṭ sunaṭ sunaavaṭ sarDhaa har ras pee vadbhaagay.	The very fortunate ones drink in the Sublime Essence of the Lord, singing, reciting and listening to the Lord's Praises.
kil kl j imtysiB qn qy rum num il v j wgy ]2]	kal kalays mitay sabh tan tay raam naam liv jaagay.   2	All their sufferings and struggles are wiped away from their bodies; they remain lovingly awake and aware in the Name of the Lord.   2
kumukDuJTuqij inlw hir ismrin bDn qity ]	kaam kroDh jhooth taj nindaa har simran banDhan tootay.	So abandon your sexual desire, greed, falsehood and slander; meditating in remembrance on the Lord, you shall be released from bondage.
mh mgn AhMAID mmqw gur ikrpw qy City ]3]	moh magan aha <sup>N</sup> anDh mamtaa gur kirpaa tay chhootay.   3	The intoxication of loving attachments, egotism and blind possessiveness are eradicated by Guru's Grace.   3
qlsmrQupwrblhm saAwml kir ikrpw j nuqyw ]	too samrath paarbarahm su-aamee kar kirpaa jan tayraa.	You are All-Powerful, O Supreme Lord God and Master; please be Merciful to Your humble servant.
plir rihE srb mih Twkuru nwk so pBunyw ]4]12]	poor rahi-o sarab meh thaakur naanak so parabh nayraa.   4  12	My Lord and Master is All-pervading and prevailing everywhere; O Nanak, God is Near.   4  12