## an-<u>d</u>in raam kay gu<u>n</u> kahee-ai

swrg mhl w 5 ] (1206-2)	saarag mehlaa 5.	Saarang, Fifth Mehl:
Anidnurum kygık khlAY]	an- <u>d</u> in raam kay gu <u>n</u> kahee-ai.	Night and day, utter the Glorious Praises of the Lord.
sgl pdwrQ srb sK isiD mn bWCq Pl IhIAY]1] rhwau]	sagal pa <u>d</u> aarath sarab soo <u>kh</u> si <u>Dh</u> man baa <sup>N</sup> <u>chh</u> a <u>t</u> fal lahee-ai.   1   rahaa-o.	You shall obtain all wealth, all pleasures and successes, and the fruits of your mind's desires.   1  Pause
Awhush phn skdwyismrh pBuAibnwsl]	aavhu san <u>t</u> paraan su <u>kh</u> - <u>d</u> aa <u>t</u> ay simreh para <u>bh</u> a <u>bh</u> inaasee.	Come, O Saints, let us meditate in remembrance on God; He is the Eternal, Imperishable Giver of Peace and Praanaa, the Breath of Life.
AnwQh nwQudIn diK Bijin piir rihE Gt vwsl ]1]	anaathah naath <u>d</u> een <u>dukh</u> <u>bh</u> anjan poor rahi-o <u>gh</u> at vaasee.   1	Master of the masterless, Destroyer of the pains of the meek and the poor; He is All-pervading and permeating, abiding in all hearts.   1
gwvq smq smwvq srDw hir rsu pl vfBwgy]	gaava <u>t</u> suna <u>t</u> sunaava <u>t</u> sar <u>Dh</u> aa har ras pee vad <u>bh</u> aagay.	The very fortunate ones drink in the Sublime Essence of the Lord, singing, reciting and listening to the Lord's Praises.
kil klysimtysiBqnqyrwm nwmilvjwgy]2]	kal kalays mitay sa <u>bh</u> <u>t</u> an <u>t</u> ay raam naam liv jaagay.   2	All their sufferings and struggles are wiped away from their bodies; they remain lovingly awake and aware in the Name of the Lord.   2
kwmuk®uJՄuqij inkdw hir ismrin bЮn qtty]	kaam kro <u>Dh jh</u> oo <u>th t</u> aj nin <u>d</u> aa har simran ban <u>Dh</u> an <u>t</u> ootay.	So abandon your sexual desire, greed, falsehood and slander; meditating in remembrance on the Lord, you shall be released from bondage.
mh mgn AhMAD mmqw gr ikrpw qyClty]3]	moh magan aha <sup>N</sup> an <u>Dh</u> mam <u>t</u> aa gur kirpaa <u>t</u> ay <u>chh</u> ootay.   3	The intoxication of loving attachments, egotism and blind possessiveness are eradicated by Guru's Grace.   3
qUsmrQupwrbhm svAwml kir ikrpwjnuqyrw]	too samrath paarbarahm su-aamee kar kirpaa jan tayraa.	You are All-Powerful, O Supreme Lord God and Master; please be Merciful to Your humble servant.
p⊎r rihE srb mih Twkrunwnk sopBunyrw ]4]12]	poor rahi-o sarab meh <u>th</u> aakur naanak so para <u>bh</u> nayraa.   4  12	My Lord and Master is All-pervading and prevailing everywhere; O Nanak, God is Near.   4  12