

ahinis jaagai need na sovai

rwgumwrlmhl w 1 Gru5] (993-2)	raag maaroo mehlaa 1 ghar 5	Raag Maaroo, First Mehl, Fifth House:
Aihinis j wglnd n swl]	ahinis jaagai need na sovai.	Day and night, he remains awake and aware; he never sleeps or dreams.
soj wxl ij su vpdn hwl]	so jaanai jis vaydan hovai.	He alone knows this, who feels the pain of separation from God.
pln kykn l gyqn Blqir vbluik j wxl kurl j lau]1]	paraym kay kaan lagay tan bheetar vaid ke jaanai kaaree jee-o. 1	My body is pierced through with the arrow of love. How can any physician know the cure? 1
ij s no swc isPql l wey] gurmik ivrl yiksYbwwey]	jis no saachaa siftee laa-ay. gurmukh virlay kisai bujhaa-ay.	Rare is that one, who as Gurmukh, understands, and whom the True Lord links to His Praise.
Almk kl swr sel j wxl ij Almk kw vpwrl j lau]1] rhau]	amrit kee saar so-ee jaanai je amrit kaa vaapaaree jee-o. 1 rahaa-o.	He alone appreciates the value of the Ambrosial Nectar, who deals in this Ambrosia. 1 Pause
ipr sqd Dn plnrcwey]	pir saytee Dhan paraym rachaa-ay.	The soul-bride is in love with her Husband Lord;
gir kl'sbid qQu icqu l wey]	gur kai sabad tathaa chit laa-ay.	the focuses her consciousness on the Word of the Guru's Shabad.
shj sqd Dn Krl shj l iqsnw iqkw invwrl j lau]2]	sahj saytee Dhan kharee suhaylee tarisnaa tikhaa nivaaree jee-o. 2	The soul-bride is joyously embellished with intuitive ease; her hunger and thirst are taken away. 2
shsw qWY Brmuckwey]	sahsaa torhay bharam chukaa-ay.	Tear down skepticism and dispel your doubt;
shj yisPql DxKucVwey]	sehjay siftee Dhanakh charhaa-ay.	with your intuition, draw the bow of the Praise of the Lord.
gir kl'sbid mrYmnumwrysdir j gwDwrl j lau]3]	gur kai sabad marai man maaray sundar jogaaDhaaree jee-o. 3	Through the Word of the Guru's Shabad, conquer and subdue your mind; take the support of Yoga - Union with the beautiful Lord. 3
hamY j il Aw mnhuivswry]	ha-umai jali-aa manhu visaaray.	Burnt by egotism, one forgets the Lord from his mind.
j m pir vj ih KVg krwry]	jam pur vajeh kharhag karaaray.	In the City of Death, he is attacked with massive swords.
Ab kl'kihAYnmun iml el ql'shu j IAVyBwrl j lau]4]	ab kai kahi-ai naam na mil-ee too saho jee-arhay bhaaree jee-o. 4	Then, even if he asks for it, he will not receive the Lord's Name; O soul, you shall suffer terrible punishment. 4

mwieAw mmqw pvih iKAw l]	maa-i-aa mam <u>t</u> aa paveh <u>k</u> hi-aalee.	You are distracted by thoughts of Maya and worldly attachment.
j m piir Pwsihgw j m j wl l]	jam pur faashigaa jam jaalee.	In the City of Death, you will be caught by the noose of the Messenger of Death.
hyq kybDn qvV n swkih qw j mu kryKAwrl j lau]5]	hay <u>t</u> kay ban <u>D</u> han <u>t</u> or <u>h</u> na saakeh <u>t</u> aa jam karay <u>k</u> hu-aaree jee-o. 5	You cannot break free from the bondage of loving attachment, and so the Messenger of Death will torture you. 5
nw haukrqw nw m'kIAw]	naa ha-o kar <u>t</u> aa naa mai kee-aa.	I have done nothing; I am doing nothing now.
AmIkqu nwmu siqqir dIAw]	amrit <u>u</u> naam sat <u>g</u> ur <u>d</u> ee-aa.	The True Guru has blessed me with the Ambrosial Nectar of the Naam.
ij suqldjh iqs'ikAw cwrw nwnk srix qmwr l j lau]6]1]12]	jis <u>t</u> oo <u>d</u> eh <u>t</u> isai ki-aa chaaraa naanak saran <u>t</u> umaaree jee-o. 6 1 12	What other efforts can anyone make, when You bestow Your blessing? Nanak seeks Your Sanctuary. 6 1 12