

avar saad chakh saglay daykhay man har ras sabh tay meethaa jee-o

mU mhl w 5] (100-19)	maajh mehlaa 5.	Maajh, Fifth Mehl:
Almk nmusdw inrml lAw]	amrit naam sadaa nirmalee-aa.	The Ambrosial Naam, the Name of the Lord, is eternally pure.
sKdwl dK ibfwrn hrlAw]	sukh-daa-ee dookh bidaaran haree-aa.	The Lord is the Giver of Peace and the Dispeller of sorrow.
Avir swd ciK sgl ydKymn hir rsuSB qymITw j lau]1]	avar saad chakh saglay daykhay man har ras sabh tay meethaa jee-o. 1	I have seen and tasted all other flavors, but to my mind, the Subtle Essence of the Lord is the sweetest of all. 1
j o j o plvY so iqbpqvY]	jo jo peevai so tariptaavai.	Whoever drinks this in, is satisfied.
AmruhwYj onnm rsupwY]	amar hovai jo naam ras paavai.	Whoever obtains the Sublime Essence of the Naam becomes immortal.
nwm inDwn iqsih prwpiq ij su sbdu gurmin vITw j lau]2]	naam niDhaan tiseh paraapat jis sabad guroo man voothaa jee-o. 2	The Treasure of the Naam is obtained by one whose mind is filled with the Word of the Guru's Shabad. 2
ij in hir rsupwieAw so iqbpq AGw]	jin har ras paa-i-aa so taripat aghaanaa.	One who obtains the Sublime Essence of the Lord is satisfied and fulfilled.
ij in hir swdupwieAw sonwih fl wnw]	jin har saad paa-i-aa so naahi dulaanaa.	One who obtains this Flavor of the Lord does not waver.
iqsih prwpiq hir hir nwm ij su msqik BwglTw j lau]3]	tiseh paraapat har har naamaa jis mastak bhaageethaa jee-o. 3	One who has this destiny written on his forehead obtains the Name of the Lord, Har, Har. 3
hir ieksuhiQ AwieAw vrsuwx bhqry]	har ikas hath aa-i-aa varsaanay bahu tayray.	The Lord has come into the hands of the One, the Guru, who has blessed so many with good fortune.
iqsu l ig mikqu Bey Gxyry]	tis lag mukat bha-ay ghanayray.	Attached to Him, a great many have been liberated.
nwmu inDwnw gurmik pwelAl khu nwnk ivr l l fITw j lau]4]15]22]	naam niDhaanaa gurmukh paa-ee-ai kaho naanak virlee deethaa jee-o. 4 15 22	The Gurmukh obtains the Treasure of the Naam; says Nanak, those who see the Lord are very rare. 4 15 22