ਕੀਚਹਿ ਰਸ ਭੋਗ ਖੁਸੀਆ ਮਨ ਕੇਰੀ ॥	He enjoys tastes, pleasures and joys in his mind.
ਧਨੁ ਲੋਕਾਂ ਤਨੁ ਭਸਮੈ ਢੇਰੀ ॥	But his wealth will pass on to other people, and his body will be reduced to ashes.
ਖਾਕੁ ਖਾਕੁ ਰਲੈ ਸਭੁ ਫੈਲੁ ॥	The entire expanse, like dust, shall mix with dust.
ਬਿਨੁ ਸਬਦੈ ਨਹੀਂ ਉਤਰੈ ਮੈਲੁ ॥੨॥	Without the Word of the Shabad, his filth is not removed.   2
ਗੀਤ ਰਾਗ ਘਨ ਤਾਲ ਸਿ ਕੁਰੇ ॥	The various songs, tunes and rhythms are false.
ਤ੍ਰਿਹੁ ਗੁਣ ਉਪਜੈ ਬਿਨਸੈ ਦੂਰੇ ॥	Trapped by the three qualities, people come and go, far from the Lord.
ਦੂਜੀ ਦੁਰਮਤਿ ਦਰਦੁ ਨ ਜਾਇ ॥	In duality, the pain of their evil-mindedness does not leave them.
ਛੂਟੈ ਗੁਰਮੁਖਿ ਦਾਰੂ ਗੁਣ ਗਾਇ ॥੩॥	But the Gurmukh is emancipated by taking the medicine, and singing the Glorious Praises of the Lord.   3
ਧੋਤੀ ਊਜਲ ਤਿਲਕੁ ਗਲਿ ਮਾਲਾ ॥	He may wear a clean loin-cloth, apply the ceremonial mark to his forehead, and wear a mala around his neck;
ਅੰਤਰਿ ਕ੍ਰੋਧੁ ਪੜਹਿ ਨਾਟ ਸਾਲਾ ॥	but if there is anger within him, he is merely reading his part, like an actor in a play.
ਨਾਮੁ ਵਿਸਾਰਿ ਮਾਇਆ ਮਦੁ ਪੀਆ ॥	Forgetting the Naam, the Name of the Lord, he drinks in the wine of Maya.
ਬਿਨੁ ਗੁਰ ਭਗਤਿ ਨਾਹੀ ਸੁਖੁ ਥੀਆ ॥੪॥	Without devotional worship to the Guru, there is no peace.   4
ਸੁਕਰ ਸੁਆਨ ਗਰਧਭ ਮੰਜਾਰਾ ॥	The human is a pig, a dog, a donkey, a cat,
- ਪਸੁ ਮਲੇਛ ਨੀਚ ਚੰਡਾਲਾ ॥	a beast, a filthy, lowly wretch, an outcast,
ਰੂਰ ਤੇ ਮੁਹੁ ਫੇਰੇ ਤਿਨ੍ ਜੋਨਿ ਭਵਾਈਐ ॥	if he turns his face away from the Guru. He shall wander in reincarnation.
ਬੰਧਨਿ ਬਾਧਿਆ ਆਈਐ ਜਾਈਐ ॥੫॥	Bound in bondage, he comes and goes.   5
ਗੁਰ ਸੇਵਾ ਤੇ ਲਹੈ ਪਦਾਰਥੂ ॥	Serving the Guru, the treasure is found.
ਤ ਹਿਰਦੈ ਨਾਮੂ ਸਦਾ ਕਿਰਤਾਰਥੂ ॥	With the Naam in the heart, one always prospers.
- ਸਾਚੀ ਦਰਗਹ ਪੂਛ ਨ ਹੋਇ ॥	And in the Court of the True Lord, you shall not be called to account.