japee-ai para<u>bh</u> kaa naam

paWl iQql gaWl mhl w 5] (299-19)	pa-o <u>rh</u> ee thi <u>t</u> ee ga-o <u>rh</u> ee mehlaa 5.	Pauree: T'hitee ~ The Lunar Days: Gauree, Fifth Mehl,
Amwvs Awqm sıKl BeysılqıKu dlAw gırdıyv]	amaavas aa <u>t</u> am su <u>kh</u> ee <u>bh</u> a-ay san <u>t</u> o <u>kh</u> <u>d</u> ee-aa gur <u>d</u> ayv.	The day of the new moon: My soul is at peace; the Divine Guru has blessed me with contentment.
mnuqnuslqlusWiqshjlwgw pBklsw]	man <u>t</u> an see <u>t</u> al saa ^N <u>t</u> sahj laagaa para <u>bh</u> kee sayv.	My mind and body are cooled and soothed, in intuitive peace and poise; I have dedicated myself to serving God.
ttybDn bhuibkwr sPl ptn qw kykwm] drmiq imtl hamYCutl ismrq hir konwm]	tootay ban <u>Dh</u> an baho bikaar safal pooran <u>t</u> aa kay kaam. <u>d</u> urma <u>t</u> mitee ha-umai <u>chh</u> utee simra <u>t</u> har ko naam.	One who meditates in remembrance on the Name of the Lord - his bonds are broken, all his sins are erased, and his works are brought to perfect fruition; his evil-mindedness disappears, and his ego is subdued.
srin ghl pwrb h m kl imitAw Awvw gvn]	saran gahee paarbarahm kee mitiaa aavaa gavan.	Taking to the Sanctuary of the Supreme Lord God, his comings and goings in reincarnation are ended.
Awip qirAw kuthb isaugux gibhb pB rvn]	aap <u>t</u> ari-aa kutamb si-o gu <u>n</u> gubin <u>d</u> para <u>bh</u> ravan.	He saves himself, along with his family, chanting the Praises of God, the Lord of the Universe.
hir kl thl kmwvxljplAYpB kw nwmu]	har kee tahal kamaav <u>n</u> ee japee-ai para <u>bh</u> kaa naam.	I serve the Lord, and I chant the Name of God.
gır plryqypwieAw nwnk sıK ibsNmu]15]	gur pooray <u>t</u> ay paa-i-aa naanak su <u>kh</u> bisraam. 15	From the Perfect Guru, Nanak has obtained peace and comfortable ease. 15