

jap-ya-o jin<sup>H</sup> arjun dayv guroo fir sankat jon garabh na aa-ya-o

sveley mhl y pñ vy ky 5 , mQrw (1409-6)	sava-ee-ay mahlay panjvay kay 5, Mathura	Swaiyas In Praise Of The Fifth Mehl, Mathura
j b l au nhl Bwg il l wr andY qb l au Bñqy iPrqy bhu DñXau ]	jab la-o nahee <u>b</u> haag lilaar <u>u</u> dai <u>ṭ</u> ab la-o <u>b</u> haramṭay firṭay baho <u>D</u> haa-ya-o.	As long as the destiny written upon my forehead was not activated, I wandered around lost, running in all directions.
kil Gr smdRmY bñq Qy kbhl imit hY nhl rypCñqXau ]	kal <u>g</u> hor samuḍar mai boodaṭ thay kabhoo mit hai nahee ray pachhoṭaa-ya-o.	I was drowning in the horrible world-ocean of this Dark Age of Kali Yuga, and my remorse would never have ended.
qqu ibcñru XhY mQrw j g qñrn kau Avqñru bññXau ]	<u>ṭ</u> aṭ bichaar yahai mathuraa jag <u>ṭ</u> aaran ka-o avṭaar banaa-ya-o.	O Mat'huraa, consider this essential truth: to save the world, the Lord incarnated Himself.
j pñu ij nñArj in dy grñiPir sñkt j in grB n AnXau ]6]	jap-ya-o jin <sup>H</sup> arjun <u>dayv</u> guroo fir sankat jon garab <u>h</u> na aa-ya-o.   6	Whoever meditates on Guru Arjun Dayv, shall not have to pass through the painful womb of reincarnation ever again.   6