

raamdaas guroo har sat_ kee-ya-o samrath guroo sir hath Dhar-ya-o

sveleymhl ycaQy ky 4, nl ' (1400-6)	sava-ee-ay mahlay cha-uthay kay 4, Nal	Swaiyas In Praise Of The Fourth Mehl, Nal
smrQ grllisir hQuDr'au]	samrath guroo sir hath Dhar-ya-o.	The All-powerful Guru placed His hand upon my head.
gür klnl ikpü hir nwmudlAau ij sudjk crth AGth hr'au]	gur keenee kirpaa har naam dee-a-o jis daykh charann aghann har-ya-o.	The Guru was kind, and blessed me with the Lord's Name. Gazing upon His Feet, my sins were dispelled.
inis bwsr ejk smm idAwn su nwm snysquBwn fr'au]	nis baasur ayk samaan Dhi-aan so naam sunay sut_ bhaan dar-ya-o.	Night and day, the Guru meditates on the One Lord; hearing His Name, the Messenger of Death is scared away.
Bin dws suAws j gqrgrlkl pwsuBjt prsu kr'au]	bhan daas so aas jagtar guroo kee paaras bhayt paras kar-ya-o.	So speaks the Lord's slave: Guru Raam Daas placed His Faith in Guru Amar Daas, the Guru of the World; touching the Philosopher's Stone, He was transformed into the Philosopher's Stone.
rwmduwsu grllisir siq kIXau smrQ grllisir hQuDr'au]7]11]	raamdaas guroo har sat_ kee-ya-o samrath guroo sir hath Dhar-ya-o. 7 11	Guru Raam Daas recognized the Lord as True; the All-powerful Guru placed His hand upon His head. 7 11