

raam naam ka-o namaskaar

mwl I gaUw mhl w 5] (986-13)	maalee ga-ur <u>rh</u> aa mehlaa 5.	Maalee Gaura, Fifth Mehl:
raam naam kaunmskwr]	raam naam ka-o namaskaar.	I humbly bow to the Name of the Lord.
j w suj pq hq aDw]1] rhwau]	jaas japat hovat u <u>D</u> haar. 1 rahaa-o.	Chanting it, one is saved. 1 Pause
j w kYismrin imtih Dd]	jaa kai simran miteh <u>DhanDh</u> .	Meditating on Him in remembrance, conflicts are ended.
j w kYismrin Ctih bD]	jaa kai simran <u>chhooteh banDh</u> .	Meditating on Him, one's bonds are untied.
j w kYismrin mlK cqr]	jaa kai simran moorakh <u>chatur</u> .	Meditating on Him, the fool becomes wise.
j w kYismrin kl h aDr]1]	jaa kai simran kulah u <u>Dhar</u> . 1	Meditating on Him, one's ancestors are saved. 1
j w kYismrin BaudK hrY]	jaa kai simran <u>bha-o dukh</u> harai.	Meditating on Him, fear and pain are taken away.
j w kYismrin Apdw trY]	jaa kai simran ap <u>daa</u> tarai.	Meditating on Him, misfortune is avoided.
j w kYismrin mcq pwP]	jaa kai simran muchat paap.	Meditating on Him, sins are erased.
j w kYismrin nhl sdp]2]	jaa kai simran nahee <u>santaap</u> . 2	Meditating on Him, agony is ended. 2
j w kYismrin ird ibgws]	jaa kai simran <u>rid</u> bigaas.	Meditating on Him, the heart blossoms forth.
j w kYismrin kvl w dwis]	jaa kai simran kavlaa <u>daas</u> .	Meditating on Him, Maya becomes one's slave.
j w kYismrin iniD inDwn]	jaa kai simran <u>niDh niDhaan</u> .	Meditating on Him, one is blessed with the treasures of wealth.
j w kYismrin qryindw]3]	jaa kai simran <u>taray nidaan</u> . 3	Meditating on Him, one crosses over in the end. 3
piqq piavnu nmw hrl]	patit paavan naam haree.	The Name of the Lord is the Purifier of sinners.
kit Bgq aDwukrl]	kot <u>bhagat</u> u <u>Dhaar</u> karee.	It saves millions of devotees.
hir dwis dwsw dlwusrn]	har <u>daas</u> <u>daasaa</u> <u>deen</u> saran.	I am meek; I seek the Sanctuary of the slaves of the Lord's slaves.
nank miQw sD crn]4]2]	naanak maathaa sant charan. 4 2	Nanak lays his forehead on the feet of the Saints. 4 2