

man kee man hee maahi rahee

sriT mhl w 9] (631-14)	sorath mehlāa 9.	Sorat'h, Ninth Mehl:
mn kl mn hl miih rhl]	man kee man hee maahi rahee.	The mind remains in the mind.
nw hir Bj yn qirQ syycatI kiil ghl]1] rhwau]	nāa har <u>b</u> hajay na <u>t</u> irath sayvay chotee kaal gahee. 1 rahaa-o.	He does not meditate on the Lord, nor does he perform service at sacred shrines, and so death seizes him by the hair. 1 Pause
dwrw mlq plq rQ sbbiq Dn pl'n sB mhl]	<u>d</u> aaraa meet <u>p</u> oot <u>r</u> ath sampat <u>D</u> han pooran sabh mahee.	Wife, friends, children, carriages, property, total wealth, the entire world
Avr sgl imiQAw eyj wnauBj nu rwmu koshi]1]	avar sagal mithi-aa ay jaan-o <u>b</u> hajan raam ko sahee. 1	- know that all of these things are false. The Lord's meditation alone is true. 1
iPrq iPrq bhayj g hwirE mwns dh l hl]	firat firat bahu ^u tay jug haari-o maanas <u>d</u> ayh lahee.	Wandering, wandering around for so many ages, he has grown weary, and finally, he obtained this human body.
nwnk khq iml n kl briAw ismrq khw nhl]2]2]	naanak kaha ^u t milan kee baree-aa simrat kaha ^u nahee. 2 2	Says Nanak, this is the opportunity to meet the Lord; why don't you remember Him in meditation? 2 2