para<u>bh</u> jee ko naam japa<u>t</u> man chain

Dnwsrl mhl w 5] (674-5)	<u>Dh</u> anaasree mehlaa 5.	Dhanaasaree, Fifth Mehl:
plj w vrq iql k iesnwnw plh dwn bhudh]	poojaa vara <u>t</u> <u>t</u> ilak isnaanaa punn <u>d</u> aan baho <u>d</u> ain.	Worship, fasting, ceremonial marks on one's forehead, cleansing baths, generous donations to charities and self-mortification
khWin BijYsMim svAwmi bd ih mlTybh]1]	kahoo-a ^N na <u>bh</u> eejai sanjam su- aamee boleh mee <u>th</u> ay bain. 1	- the Lord Master is not pleased with any of these rituals, no matter how sweetly one may speak. 1
pBjlkonwmujpqmnch]	para <u>bh</u> jee ko naam japa <u>t</u> man chain.	Chanting the Name of God, the mind is soothed and pacified.
bhupkwr Kjih siB qw kauibKmu njwellh]1]rhwau]	baho parkaar <u>kh</u> ojeh sa <u>bh</u> <u>t</u> aa ka-o bi <u>kh</u> am na jaa-ee lain. 1 rahaa-o.	Everyone searches for Him in different ways, but the search is so difficult, and He cannot be found. 1 Pause
jwp qwp BMnn bsDW kir arD qwp lYgh]	jaap <u>t</u> aap <u>bh</u> arman basu <u>Dh</u> aa kar ura <u>Dh</u> <u>t</u> aap lai gain.	Chanting, deep meditation and penance, wandering over the face of the earth, the performance of austerities with the arms stretched up to the sky
ieh ibiD nh pqlAwnoTwkrjog jogiq kirjh]2]	ih bi <u>Dh</u> nah pa <u>t</u> ee-aano <u>th</u> aakur jog juga <u>t</u> kar jain. 2	- the Lord is not pleased by any of these means, though one may follow the path of Yogis and Jains. 2
Allmod numuinrmod kuhir j su iqin pwieE ij suikrph]	amri <u>t</u> naam nirmolak har jas <u>t</u> in paa- i-o jis kirpain.	The Ambrosial Naam, the Name of the Lord, and the Praises of the Lord are priceless; he alone obtains them, whom the Lord blesses with His Mercy.
swDsNg rNg pB Bytynwnk siK jn rh]3]13]	saa <u>Dh</u> sang rang para <u>bh</u> <u>bh</u> aytay naanak su <u>kh</u> jan rain. 3 13	Joining the Saadh Sangat, the Company of the Holy, Nanak lives in the Love of God; his life-night passes in peace.