

niṭ niṭ da-yu samaalee-ai

mṁJ mhl w 5 Gru 2 ] (132-8)	maajh mehlaa 5 ghar 2.	Maajh, Fifth Mehl, Second House:
inq inq dXu smwl IAY ]	niṭ niṭ da-yu samaalee-ai.	Continually, continuously, remember the Merciful Lord.
mṁI n mnhuivswrIAY ] rhwau ]	mool na manhu visaaree-ai. rahaa-o.	Never forget Him from your mind.   Pause
slṁw slṁiq pweIAY ]	santaa sangat paa-ee-ai.	Join the Society of the Saints,
ij quj m k'pṁQ n j weIAY ]	jiṭ jam kai panth na jaa-ee-ai.	and you shall not have to go down the path of Death.
qṁw hir kw nṁmu l yqry kil ih n l wgl'gwil j lau ] 1 ]	ṭosaa har kaa naam lai ṭayray kuleh na laagai gaal jee-o.   1	Take the Provisions of the Lord's Name with you, and no stain shall attach itself to your family.   1
j o ismrṁly slleIAY ]	jo simranday saa <sup>N</sup> -ee-ai.	Those who meditate on the Master
nrik n sṁl pweIAY ]	narak na say-ee paa-ee-ai.	shall not be thrown down into hell.
qqṁ vṁau n l gel ij n min vṁṁw Awie j lau ] 2 ]	ṭatee vaa-o na lag-ee jin man vuthaa aa-ay jee-o.   2	Even the hot winds shall not touch them. The Lord has come to dwell within their minds.   2
sṁl sṁlr shxy ]	say-ee sundar sohnay.	They alone are beautiful and attractive,
swDsṁg ij n bhxy ]	saaDhsang jin baihnay.	who abide in the Saadh Sangat, the Company of the Holy.
hir Dnuj nl sṁj Aw sṁl gṁlr Apwr j lau ] 3 ]	har Dhan jinee sanji-aa say-ee gambheer apaar jee-o.   3	Those who have gathered in the wealth of the Lord's Name-they alone are deep and thoughtful and vast.   3
hir Aimaurswixu plvIAY ]	har ami-o rasaa-in peevee-ai.	Drink in the Ambrosial Essence of the Name,
mih ifTYj n k'j lviAY ]	muhi diṭhai jan kai jeevee-ai.	and live by beholding the face of the Lord's servant.
kwj siB svwir l yinq plj hṁgur kypwv j lau ] 4 ]	kaaraj sabh savaar lai niṭ poojahu gur kay paav jee-o.   4	Let all your affairs be resolved, by continually worshipping the Feet of the Guru.   4
j o hir klqw Awpxw ] iqnih gṁwel j wpxw ]	jo har keetaa aapnaa. ṭineh gusaa-ee jaapnaa.	He alone meditates on the Lord of the World, whom the Lord has made His Own.
so slṁw prDṁnu so msqik ij s d' Bwguj lau ] 5 ]	so sooraa parDhaan so mastak jis dai bhaag jee-o.   5	He alone is a warrior, and he alone is the chosen one, upon whose forehead good destiny is recorded.   5
mn mṁDy pBu AvgwihlAw ]	man manDhay parabh avgaah-ee-aa.	Within my mind, I meditate on God.
ejh rs Bgx piiqswhlAw ]	ayhi ras bhogan paatīsaah-ee-aa.	For me, this is like the enjoyment of princely pleasures.

mṭṭw mṭṭI n apij E qryscl kwrY I wig j lau ]6]	mandaa mool na upji-o taray sachee kaarai laag jee-o.   6	Evil does not well up within me, since I am saved, and dedicated to truthful actions.   6
krqw mṭṭh vswieAw ]	karṭaa man vasaa-i-aa.	I have enshrined the Creator within my mind;
j nmYkṭw Pl u pwieAw ]	janmai kaa fal paa-i-aa.	I have obtained the fruits of life's rewards.
min Bwṭṭw kṭṭu hir qrw iQru hAw shwguj lau ]7]	man bhaavandaa kant har tarayraa thir ho-aa sohaag jee-o.   7	If your Husband Lord is pleasing to your mind, then your married life shall be eternal.   7
AtI pdwrQu pwieAw ]	atal padaarath paa-i-aa.	I have obtained everlasting wealth;
BYBj n kl srxwieAw ]	bhai bhanjan kee sarnaa-i-aa.	I have found the Sanctuary of the Dispeller of fear.
I wie Aṭṭiṭ nwnk qwirAnu j qw j nmU Apwr j lau ]8]4]38]	laa-ay anchal naanak taari-an jṭṭaa janam apaar jee-o.   8  4  38	Grasping hold of the hem of the Lord's robe, Nanak is saved. He has won the incomparable life.   8  4  38