

naam milai man taripat-ee-ai bin naamai Dharig jeevaas

isrlrwgumhl ॥ 4 ] (40-4)	sireeraag mehlaa 4.	Siree Raag, Fourth Mehl:
nmu iml YmnuiqpbqlA ibnu nwmY iDguj Iwssu ]	naam milai man <u>taripat</u> -ee-ai bin naamai <u>Dharig</u> jeevaas.	Receiving the Naam, the mind is satisfied; without the Naam, life is cursed.
kel grmiK sj xuj y iml Ymlds pBiqkqwsu ]	ko-ee gurmukh sajan jay milai mai dasay parabh guntaas.	If I meet the Gurmukh, my Spiritual Friend, he will show me God, the Treasure of Excellence.
hauiqsuvthucauKhIA mY nm kryprgwsu ]1]	ha-o tis vitahu cha-o <u>khannee-ai</u> mai naam karay pargaas.   1	I am every bit a sacrifice to one who reveals to me the Naam.   1
mry plqmw hauj Iw nmu iDAwie ]	mayray pareetamaa ha-o jeevaa naam <u>Dhi-aa-ay</u> .	O my Beloved, I live by meditating on Your Name.
ibnu nwlj lxu n QIA mry siqgr nuidwie ]1] rhau ]	bin naavai jeevan naa thee-ai mayray satgur naam drirh-aa-ay.   1   rahaa-o.	Without Your Name, my life does not even exist. My True Guru has implanted the Naam within me.   1  Pause
nmu Amal kurqnihplysiqgr pwis ]	naam amolak ratan hai pooray satgur paas.	The Naam is a Priceless Jewel; it is with the Perfect True Guru.
siqgr syll igAw kiF rqnidv prgws ]	satgur sayvai lagi-aa kadh ratan dayvai pargaas.	When one is enjoined to serve the True Guru, He brings out this Jewel and bestows this enlightenment.
DhuvFBgl vf BwgIAw joAw iml ygr pwis ]2]	Dhan vad <b>h</b> aagee vad <b>h</b> aagee-aa jo aa-ay milay gur paas.   2	Blessed, and most fortunate of the very fortunate, are those who come to meet the Guru.   2
ij nw siqgruprkun Bjte sy Bghlx vis kwl ]	jinaa satgur purakh na <u>bhayti-o</u> say <u>bhaagheen</u> vas kaal.	Those who have not met the Primal Being, the True Guru, are most unfortunate, and are subject to death.
Eie iPir iPir j in BwelAih ivic ivstw kir ivkrwl ]	o-ay fir fir jon <u>bhavaa-ee-ah</u> vich vistaa kar vikraal.	They wander in reincarnation over and over again, as the most disgusting maggots in manure.
Enw pwis diAwis n iBtIAij n Aqir kDulFwl ]3]	onaa paas du-aas na <u>bhitee-ai</u> jin antar kroDh chandaal.   3	Do not meet with, or even approach those people, whose hearts are filled with horrible anger.   3
siqgruprkun Alm sruvfBgl nvihi Awie ]	satgur purakh amrit sar vad <b>h</b> aagee naaveh aa-ay.	The True Guru, the Primal Being, is the Pool of Ambrosial Nectar. The very fortunate ones come to bathe in it.

ain j nm j nm kl mli uaqry inrml nwmuidMwie ]	un janam janam kee mail ut <u>rai</u> nirmal naam drirh-aa-ay.	The filth of many incarnations is washed away, and the Immaculate Naam is implanted within.
j n nwnk aqm pdupwieAw siqgr kl il v I wie ]4]2]66]	jan naanak ut <u>am</u> pad paa-i-aa sat <u>gur</u> kee liv laa-ay.   4  2  66	Servant Nanak has obtained the most exalted state, lovingly attuned to the True Guru.   4  2  66