

tayree saran mayray deen da-i-aalaa

mwJ mhl w 5] (105-7)	maajh mehlaa 5.	Maajh, Fifth Mehl:
ij QY nwmuj pIAI pB ipAwry]	jithai naam japee-ai parab <u>h</u> pi-aaray.	Where the Naam, the Name of God the Beloved is chanted
syAsQI sien cabwry]	say asthal so-in cha-ubaaray.	-those barren places become mansions of gold.
ij QY nwmun j pIAI myrgiedw spel ngr aj wVI j lau]1]	jithai naam na japee-ai mayray go-idaa say-ee nagar ujaar <u>h</u> ee jee-o. 1	Where the Naam, the Name of my Lord of the Universe is not chanted-those towns are like the barren wilderness. 1
hir rKI rotI Kwie smwl y]	har ruk <u>h</u> ee rotee <u>k</u> haa-ay samaalay.	One who meditates as he eats dry bread,
hir Atir bwhir ndir inhwl y]	har an <u>t</u> ar baahar na <u>d</u> ar nihaalay.	sees the Blessed Lord inwardly and outwardly.
Kwie Kwie krybdPI I j wxuivsl kl vVI j lau]2]	<u>k</u> haa-ay <u>k</u> haa-ay karay badfailee jaan visoo kee vaar <u>h</u> ee jee-o. 2	Know this well, that one who eats and eats while practicing evil, is like a field of poisonous plants. 2
sthw sqI rhu n l wey]	santaa say <u>t</u> ee rang na laa-ay.	One who does not feel love for the Saints,
swkq slg ivkrm kmwey]	saaka <u>t</u> sang vikram kamaa-ay.	misbehaves in the company of the wicked shaaktas, the faithless cynics;
dil B dh Kael AigAwil j V Apxl Awip apwVI j lau]3]	<u>d</u> ulab <u>h</u> <u>d</u> ayh <u>k</u> ho-ee agi-aanee jar <u>h</u> apunee aap upaar <u>h</u> ee jee-o. 3	he wastes this human body, so difficult to obtain. In his ignorance, he tears up his own roots. 3
qrl srix myrdIn dieAwil w]	tayree sara <u>n</u> mayray <u>d</u> een <u>d</u> a-i-aalaa.	I seek Your Sanctuary, O my Lord, Merciful to the meek,
siK swgr myrgir gpw w]	suk <u>h</u> saagar mayray gur gopaalaa.	Ocean of Peace, my Guru, Sustainer of the world.
kir ikrpw nwnku gix gwv/rwKhu srm AswVI j lau]4]30]37]	kar kirpaa naanak gun gaavai raak <u>h</u> o saram asaar <u>h</u> ee jee-o. 4 30 37	Show Your Mercy upon Nanak, that he may sing Your Glorious Praises; please, preserve my honor. 4 30 37