

gobid pareet lagee at meethee avar visar sabh jaa-ay

| swrg mhl w 4] (1199-8) | saarag mehlaa 4. | Saarang, Fourth Mehl: |
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| gobd kl Akl kwr kmwie] | gobid kee aisee kaar kamaa-ay. | This is the way to work for the Lord. |
| j o i k C u k r y s u s i q k i r m w n h u g u r m u k h n w i m r h h u i l v l w i e] 1] r h w a u] | jo kichh karay so sat kar maanhu gurmukh naam rahhu liv laa-ay. 1 rahaa-o. | Whatever He does, accept that as true. As Gurmukh, remain lovingly absorbed in His Name. 1 Pause |
| gobd pliq l gl Aiq mlTI Avr ivsir sB j wie] | gobid pareet lagee at meethee avar visar sabh jaa-ay. | The Love of the Lord of the Universe seems supremely sweet. Everything else is forgotten. |
| AnidnurhsuBieAw mnumwinAw j q l j o q i m l w i e] 1] | an-din rahas bha-i-aa man maani- aa jotee jot milaa-ay. 1 | Night and day, he is in ecstasy; his mind is pleased and appeased, and his light merges into the Light. 1 |
| j b g x g w i e q b h l m n u i q p q l s w i q v s l m i n A w i e] | jab gun gaa-ay tab hee man tariptai saa ^N t vasai man aa-ay. | Singing the Glorious Praises of the Lord, his mind is satisfied. Peace and tranquility come to abide within his mind. |
| gur ikrpwl Beyqb pwieAw hir crxl icqu l wie] 2] | gur kirpaal bha-ay tab paa-i-aa har charnee chit laa-ay. 2 | When the Guru becomes merciful, the mortal finds the Lord; he focuses his consciousness on the Lord's Lotus Feet. 2 |
| miq p g w s B e l h i r i D A w i e A w igAw in qiq il v l wie] | mat pargaas bha-ee har Dhi-aa-i- aa gi-aan tat liv laa-ay. | The intellect is enlightened, meditating on the Lord. He remains lovingly attuned to the essence of spiritual wisdom. |
| Alqir j o q p g t l m n u m w i n A w h i r shij smwiD l g w i e] 3] | antar jot pargatee man maani-aa har sahj samaaDh lagaa-ay. 3 | The Divine Light radiates forth deep within his being; his mind is pleased and appeased. He merges intuitively into Celestial Samaadhi. 3 |
| ihrdykptuinq kptukmwvih mkhu hir hir swwie] | hirdai kapat nit kapat kamaaveh mukhahu har har sunaa-ay. | One whose heart is filled with falsehood, continues to practice falsehood, even while he teaches and preaches about the Lord. |
| Alqir l B um h w g b i r w q h k l t y d k Kwie] 4] | antar lobh mahaa gubaaraa tuh kootai dukh khaa-ay. 4 | Within him is the utter darkness of greed. He is thrashed like wheat, and suffers in pain. 4 |
| j b s p l s h B e y p l B m y r g u r m u k p r c w l w i e] | jab suparsan bha-ay parabh mayray gurmukh parchaa laa-ay. | When my God is totally pleased, the mortal tunes in and becomes Gurmukh. |
| nwnk num inrjl nu pwieAw numu j p q s k u p w i e] 5] 4] | naanak naam niranjan paa-i-aa naam japat sukh paa-ay. 5 4 | Nanak has obtained the Immaculate Naam, the Name of the Lord. Chanting the Naam, he has found peace. 5 4 |