

bin darsan kaisay jeeva-o mayree maa-ee

ibI wvI umhI w 1] (796-5)	bilaaval mehlāa 1.	Bilaaval, First Mehl:
gIr bcnI mnushj iDAwny]	gur bachnee man sahj <u>D</u> hi-aanay.	Through the Word of the Guru's Teachings, the mind intuitively meditates on the Lord.
hir kYrllg rqw mnuwny]	har kai rang raṭaa man maanay.	Imbued with the Lord's Love, the mind is satisfied.
mnmiK Brim Bil y bairwny]	manmuk <u>h</u> <u>b</u> haram <u>b</u> hulay ba- uraanay.	The insane, self-willed manmukhs wander around, deluded by doubt.
hir ibnuikaurnhIAIgr sbid pCwny]1]	har bin ki-o rahee-ai gur sabad pach <u>h</u> aanay. 1	Without the Lord, how can anyone survive? Through the Word of the Guru's Shabad, He is realized. 1
ibnu drsn kSyj lvaumyrl muel]	bin <u>darsan</u> kaisay jeeva-o mayree maa-ee.	Without the Blessed Vision of His Darshan, how can I live, O my mother?
hir ibnuj lArw rih n skYiKnu siqqir bW bWwIel]1] rhaw]	har bin jee-araa reh na sakai <u>k</u> hin satgur booj <u>h</u> buj <u>h</u> aa-ee. 1 rahaa-o.	Without the Lord, my soul cannot survive, even for an instant; the True Guru has helped me understand this. 1 Pause
myrw pBuisrYhaumraudKwI l]	mayraa parab <u>h</u> bisrai ha-o mara-o <u>du</u> khaalee.	Forgetting my God, I die in pain.
swis igrwis j pauApnyhir BwI l]	saas giraas japa-o apunay har <u>b</u> haalee.	With each breath and morsel of food, I meditate on my Lord, and seek Him.
sd bYgin hir nwmuinhwI l]	sad bairaagan har naam nihaalee.	I remain always detached, but I am enraptured with the Lord's Name.
Ab j wnygurmik hir nwl l]2]	ab jaanay gurmuk <u>h</u> har naalee. 2	Now, as Gurmukh, I know that the Lord is always with me. 2
AkQ kQw khIAIgr Bwie]	akath kathaa kahee-ai gur <u>b</u> haa- ay.	The Unspoken Speech is spoken, by the Will of the Guru.
pBuAgm Agicrudje idKwie]	parab <u>h</u> agam agochar <u>d</u> ay-ay <u>d</u> ikhaa-ay.	He shows us that God is unapproachable and unfathomable.
ibnuigr krxi ikAw kur kmwie]	bin gur kar <u>n</u> ee ki-aa kaar kamaa- ay.	Without the Guru, what lifestyle could we practice, and what work could we do?

hamYmjt cI Ygr sbid smwie [3]	ha-umai mayt chalai gur sabad samaa-ay. 3	Eradicating egotism, and walking in harmony with the Guru's Will, I am absorbed in the Word of the Shabad. 3
mnmiKuivCwYKotI rwis]	manmuk <u>h</u> vich <u>h</u> ur <u>h</u> ai <u>k</u> hotee raas.	The self-willed manmukhs are separated from the Lord, gathering false wealth.
gurmik nwim iml Ys u bwis]	gurmuk <u>h</u> naam milai saabaas.	The Gurmukhs are celebrated with the glory of the Naam, the Name of the Lord.
hir ikrpw Dwrl dwsin dws]	har kirpaa <u>D</u> haaree <u>da</u> asan <u>da</u> as.	The Lord has showered His Mercy upon me, and made me the slave of His slaves.
j n nwnk hir nwm Dn u r u is [4]4]	jan naanak har naam <u>D</u> han raas. 4 4	The Name of the Lord is the wealth and capital of servant Nanak. 4 4