

har bin reh na sakai man mayraa

rwg tfl mhlw 4 Gr 1] (711-4)	raag todee mehlāa 4 ghar 1.	Raag Todee, Chau-Padas, Fourth Mehl, First House:
hir ibn rih n sk mn mrw]	har bin reh na sakai man mayraa.	Without the Lord, my mind cannot survive.
mr plqm pwn hir pB gr ml bhir n Bvjil Prw]1] rhwa]	mayray pareetam paraan har parabh gur maylay bahur na bhavjal fayraa. 1 rahaa-o.	If the Guru unites me with my Beloved Lord God, my breath of life, then I shall not have to face the wheel of reincarnation again in the terrifying world-ocean. 1 Pause
mr hIAr l c lgl pB krl hir nnh hir pB hrw]	mayrai hee-arai loch lagee parabh kayree har nainhu har parabh hayraa.	My heart is gripped by a yearning for my Lord God, and with my eyes, I behold my Lord God.
siqgir dieAwil hir nwm idVwieAw hir pWDr hir pB krw]1]	satgur da-l-aal har naam drirh-aa- l-aa har paaDhar har parabh kayraa. 1	The merciful True Guru has implanted the Name of the Lord within me; this is the Path leading to my Lord God. 1
hir rgl hir nwm pB pwieAw hir givd hir pB krw]	har rangee har naam parabh paa- l-aa har govind har parabh kayraa.	Through the Lord's Love, I have found the Naam, the Name of my Lord God, the Lord of the Universe, the Lord my God.
hir ihrd min qin mltw l wgw miK msqik Bwg cgrw]2]	har hirdai man tan meethaa laagaa mukh mastak bhaag changayraa. 2	The Lord seems so very sweet to my heart, mind and body; upon my face, upon my forehead, my good destiny is inscribed. 2
lB ivkwr ijnw mn l wgw hir ivsiraAw prK cgrw]	lobh vikaar jinaa man laagaa har visri-aa purakh changayraa.	Those whose minds are attached to greed and corruption forget the Lord, the good Lord God.
Eie mnmK mV AigAwnl khlAih iqn msqik Bwg mdrw]3]	o-ay manmukh moorh agi-aanee kahee-ahi tin mastak bhaag mandayraa. 3	Those self-willed manmukhs are called foolish and ignorant; misfortune and bad destiny are written on their foreheads. 3
ibbk biD siqgr q pwel gr igAwnl grl pB krw]	bibayk buDh satgur tay paa-ee gur gi-aan guroo parabh kayraa.	From the True Guru, I have obtained a discriminating intellect; the Guru has revealed the spiritual wisdom of God.
j n nwnk nwm gr q pwieAw Dir msqik Bwg ilKrw]4]1]	jan naanak naam guroo tay paa-l- aa Dhur mastak bhaag likhayraa. 4 1	Servant Nanak has obtained the Naam from the Guru; such is the destiny inscribed upon his forehead. 4 1