

aad jugaad bhagtan kaa raakhaa ustāt kar kar jeevaa

slhl mhl w 5 ] (777-19)	soohee mehlāa 5.	Soohee, Fifth Mehl:
hir crx kml kl tk siqgīr idql qis kYbil rwm j lau ]	har charan kamal kee tayk satgur dītee tūs kai bal raam jee-o.	The True Guru was satisfied with me, and blessed me with the Support of the Lord's Lotus Feet. I am a sacrifice to the Lord.
hir Alimiq BryBifwr sBuikCuHy Gir iqs kYbil rwm j lau ]	har amrit bharay bhandaar sabh kichh hai ghar tis kai bal raam jee- o.	The Lord's Ambrosial Nectar is an overflowing treasure; everything is in His Home. I am a sacrifice to the Lord.
bulul umyrv vf smrQw krx kwrX pBuhwrw ]	baabul mayraa vad samrathaa karan kaaran parabh haaraa.	My Father is absolutely all-powerful. God is the Doer, the Cause of causes.
ij suismrq dKukel n l wgl Baj l upwir aqwrw ]	jis simrat dukh ko-ee na laagai bha-ojal paar utāraa.	Remembering Him in meditation, pain does not touch me; thus I cross over the terrifying world-ocean.
Awid j iguid Bgqn kw rKw asqiq kir kir j lvw ]	aad jugaad bhagtan kaa raakhaa ustāt kar kar jeevaa.	In the beginning, and throughout the ages, He is the Protector of His devotees. Praising Him continually, I live.
nwnk nwnumhw rsumlTw Anidnu min qin plvw ]1]	naanak naam mahaa ras meethaa an-din man tan peevaa.   1	O Nanak, the Naam, the Name of the Lord, is the sweetest and most sublime essence. Night and day, I drink it in with my mind and body.   1