

har har sant janaa kee jeevan

swrg mhl 5] (1222-1)	saarag mehlaa 5.	Saarang, Fifth Mehl:
hir hir sth j nw kl j lvin]	har har sant janaa kee jeevan.	The Lord, Har, Har, is the life of the humble Saints.
ibKlrs Bg Almk stK swgr rum nwm rsuplvin]1] rhwau]	bikhai ras bhog amrit sukh saagar raam naam ras peevan. 1 rahaa-o.	Instead of enjoying corrupt pleasures, they drink in the Ambrosial Essence of the Name of the Lord, the Ocean of Peace. 1 Pause
stcin rum nwm Dnurgnw mn qn Blqir slvin]	sanchan raam naam Dhan ratnaa man tan bheetar seevan.	They gather up the priceless wealth of the Lord's Name, and weave it into the fabric of their mind and body.
hir rly rlyg Beymn l wl w rum nwm rs Klvin]1]	har rang raa ^N g bha-ay man laalaa raam naam ras kheevan. 1	Imbued with the Lord's Love, their minds are dyed in the deep crimson color of devotional love; they are intoxicated with the sublime essence of the Lord's Name. 1
ij aumlnw j l isau ar Jwno rum nwm stlg l lvin]	ji-o meenaa jal si-o urjhaano raam naam sang leevan.	As the fish is immersed in water, they are absorbed in the Lord's Name.
nwnk sth cwqk kl inAwel hir bwl pwn stK Qlvin]2]68]91]	naanak sant chaatrik kee ni-aa-ee har boond paan sukh theevan. 2 68 91	O Nanak, the Saints are like the rainbirds; they are comforted, drinking in the drops of the Lord's Name. 2 68 91