

saadhsangat kai baasbai kalmal sabh nasnaa

ibl mI umhl w 5 ] (811-9)	bilaaval mehlaa 5.	Bilaaval, Fifth Mehl:
swDsiq kY bwsbYKI ml siB nsnw ]	saadhsangat kai baasbai kalmal sabh nasnaa.	Dwelling in the Saadh Sangat, the Company of the Holy, all sins are erased.
pB sqI rIg riqAw qy griB n gIwnw ]1]	parabh saytee rang raati-aa taa tay garabh na garsanaa.   1	One who is attuned to the Love of God, is not cast into the womb of reincarnation.   1
nmu khq giVd kI sI Bel rsnw ]	naam kahat govind kaa soochee bha-ee rasnaa.	Chanting the Name of the Lord of the Universe, the tongue becomes holy.
mn qn inrml hEl hYgir kI j pu j pnw ]1] rhwau]	man tan nirmal ho-ee hai gur kaa jap japnaa.   1   rahaa-o.	The mind and body become immaculate and pure, chanting the Chant of the Guru.   1  Pause
hir rsucIKq DhipAw min rsuI Y hsnw ]	har ras chaakhat Dharaapi-aa man ras lai hasnaa.	Tasting the subtle essence of the Lord, one is satisfied; receiving this essence, the mind becomes happy.
biD pIws pIgt Bel al it kml u ibgsnw ]2]	buDh pargaas pargat bha-ee ulat kamal bigsanaa.   2	The intellect is brightened and illuminated; turning away from the world, the heart-lotus blossoms forth.   2
slqI sIiq sIqKuhi sB bWI iqIwnw ]	seetal saaNt santokh ho-ay sabh boojhee tarisnaa.	He is cooled and soothed, peaceful and content; all his thirst is quenched.
dh ids Dvq imit geyinrml Qwn bsnw ]3]	dah dis Dhaavat mit ga-ay nirmal thaan basnaa.   3	The mind's wandering in the ten directions is stopped, and one dwells in the immaculate place.   3
rIkhwIY rwiKAw Bey Bn Bsnw ]	raakhanhaarai raakhi-aa bha-ay bharam bhasnaa.	The Savior Lord saves him, and his doubts are burnt to ashes.
nmu inDn nwnk sIKI pjK swD drsnw ]4]13]43]	naam niDhaan naanak sukhee paykh saaDh darsanaa.   4  13  43	Nanak is blessed with the treasure of the Naam, the Name of the Lord. He finds peace, gazing upon the Blessed Vision of the Saints' Darshan.   4  13  43