

saaDhsang har har naam chitaaraa

t₁fI mhl w 5] (717-13)	todee mehlaa 5.	Todee, Fifth Mehl:
sIDsing hir hir nwmicqwrw]	saa <u>Dhsang</u> har har naam chitaaraa.	In the Saadh Sangat, the Company of the Holy, I contemplate the Name of the Lord, Har, Har.
shij An ₁ d ₁ h ₁ v ₁ idn ₁ r ₁ ql Alkr ₁ Bl ohmrrw] rhwau]	sahj anand hovai <u>din</u> raatee ankur <u>bhalo</u> hamaaraa. rahaa-o.	I am in peaceful poise and bliss, day and night; the seed of my destiny has sprouted. Pause
guru ₁ p ₁ BjtE bfB ₁ gl j w ko A ₁ mu n p ₁ rwvrrw]	gur pooraa <u>bhayti</u> -o bad <u>bhaagee</u> jaa ko ant na paaraavaaraa.	I have met the True Guru, by great good fortune; He has no end or limitation.
krugih k <i>w</i> F IE j nAp <i>w</i> ibKu sigr s <i>w</i> n]1]	kar geh <u>kaadh</u> lee-o jan apunaa <u>bikh</u> saagar sansaaraa. 1	Taking His humble servant by the hand, He pulls him out of the poisonous world-ocean. 1
j nm mrn k <i>w</i> tyg <i>w</i> bcnl bhiV n s <i>w</i> k t d <i>w</i> rw]	janam maran kaatay gur bachnee <u>bahurh</u> na sankat <u>du</u> -aaraa.	Birth and death are ended for me, by the Word of the Guru's Teachings; I shall no longer pass through the door of pain and suffering.
n <i>w</i> k srin ghl s <i>w</i> A <i>w</i> ml kl p <i>w</i> h p <i>w</i> h nmsk <i>w</i> rw]2]9]28]	naanak saran gahee su-aamee kee punah punah namaskaaraa. 2 9 28	Nanak holds tight to the Sanctuary of his Lord and Master; again and again, he bows in humility and reverence to Him. 2 9 28