## $san\underline{t}an kai sunee-a\underline{t} para\underline{bh}$ kee $baa\underline{t}$

ibl wvl umhl w 5 ] (820-17)	bilaaval mehlaa 5.	Bilaaval, Fifth Mehl:
skijn kismlAq pB kl buq ]	san <u>t</u> an kai sunee-a <u>t</u> para <u>bh</u> kee baa <u>t</u> .	I listen to God's Teachings from the Saints.
kOw kirqnuAwnyd mMgi Diin piir rhi idnsuArurwiq ]1] rhwau]	kathaa keertan aanand mangal <u>Dh</u> un poor rahee dinas ar raat.   1   rahaa-o.	The Lord's Sermon, the Kirtan of His Praises and the songs of bliss perfectly resonate, day and night.   1  Pause
kir ikrpw ApnypkB klnynwm Apnykl klnl dwiq ]	kar kirpaa apnay para <u>bh</u> keenay naam apunay kee keenee <u>d</u> aa <u>t</u> .	In His Mercy, God has made them His own, and blessed them with the gift of His Name.
AwT phr gwn gwvq pB kykwm k® iesuqn qyjwq ]1]	aa <u>th</u> pahar gun gaava <u>t</u> para <u>bh</u> kay kaam kro <u>Dh</u> is <u>t</u> an <u>t</u> ay jaa <u>t</u> .   1	Twenty-four hours a day, I sing the Glorious Praises of God. Sexual desire and anger have left this body.   1
iqipiq AGweypjK pB drsnu Alimiq hir rsuBj nuKwq]	taripat aghaa-ay paykh parabh darsan amrit har ras bhojan khaat.	I am satisfied and satiated, gazing upon the Blessed Vision of God's Darshan. I eat the Ambrosial Nectar of the Lord's sublime food.
crn srn nwnk pB qrl kir ikrpw sMqsNg iml wq ]2]4]84]	charan saran naanak para <u>bh</u> tayree kar kirpaa sa <u>t</u> sang milaa <u>t</u> .   2  4  84	Nanak seeks the Sanctuary of Your Feet, O God; in Your Mercy, unite him with the Society of the Saints.   2  4  84