

saree raam naamaa uchar manaa

gaVI cpl mhl w 1] (155-10)	ga-or <u>hee</u> chay <u>tee</u> mehlaa 1.	Gauree Chaytee, First Mehl:
Avir p <u>lt</u> hm ek j nw ikau <u>ru</u> Kau Gr bu <u>ru</u> m <u>nu</u>]	avar panch ham ayk janaa ki-o raak <u>ha</u> -o <u>gh</u> ar baar manaa.	There are five of them, but I am all alone. How can I protect my hearth and home, O my mind?
m <u>ri</u> h I <u>lt</u> ih nlq nlq iks <u>u</u> A <u>ng</u> l krl p <u>ku</u> r j nw]1]	maareh looteh nee <u>t</u> nee <u>t</u> kis aagai karee pukaar janaa. 1	They are beating and plundering me over and over again; unto whom can I complain? 1
s <u>l</u> r <u>u</u> m nu <u>mu</u> a <u>cu</u> r <u>u</u> m <u>nu</u>]	saree raam naamaa uchar manaa.	Chant the Name of the Supreme Lord, O my mind.
A <u>ng</u> l j m dl uib <u>K</u> mu <u>G</u> nu]1] rh <u>au</u>]	aagai jam <u>dal</u> bik <u>ham</u> <u>gh</u> anaa. 1 rahaa-o.	Otherwise, in the world hereafter, you will have to face the awesome and cruel army of Death. 1 Pause
a <u>su</u> ir m <u>vd</u> I r <u>u</u> K <u>du</u> A <u>ru</u> Bl <u>q</u> ir b <u>ti</u> s <u>u</u> D <u>nu</u>]	usaar mar <u>holee</u> raak <u>hai</u> <u>du</u> -aaraa <u>b</u> heetar bait <u>hee</u> saa <u>D</u> hanaa.	God has erected the temple of the body; He has placed the nine doors, and the soul-bride sits within.
A <u>l</u> l <u>u</u> q k <u>l</u> k <u>ry</u> ing k <u>u</u> mix Avir I <u>u</u> tn s <u>u</u> p <u>lt</u> j nw]2]	amri <u>t</u> kayl karay ni <u>t</u> kaaman <u>u</u> avar lutayn so panch janaa. 2	She enjoys the sweet play again and again, while the five demons are plundering her. 2
F <u>u</u> ih m <u>vd</u> I I <u>lt</u> A <u>u</u> d <u>hu</u> ru s <u>u</u> D <u>n</u> pk <u>vl</u> ek j nw]	<u>d</u> haahi mar <u>holee</u> looti-aa <u>day</u> huraa saa <u>D</u> han pakr <u>hee</u> ayk janaa.	In this way, the temple is being demolished; the body is being plundered, and the soul-bride, left all alone, is captured.
j m fl <u>u</u> gil s <u>l</u> g I u <u>pi</u> V <u>A</u> u B <u>u</u> ig gey s <u>u</u> p <u>lt</u> j nw]3]	jam dandaa gal sangal par <u>hi</u> -aa <u>b</u> haag ga-ay say panch janaa. 3	Death strikes her down with his rod, the shackles are placed around her neck, and now the five have left. 3
k <u>u</u> mix I <u>u</u> si <u>en</u> u r <u>u</u> pu im <u>q</u> rl <u>u</u> jn su K <u>u</u> D <u>u</u> q <u>u</u>]	kaaman <u>u</u> lor <u>hai</u> su-inaa rupaa mi <u>tar</u> lu <u>r</u> hayn so <u>k</u> haa <u>D</u> haa <u>ta</u> a.	The wife yearns for gold and silver, and her friends, the senses, yearn for good food.
n <u>u</u> nk p <u>u</u> p k <u>ry</u> iqn k <u>u</u> rix j <u>u</u> sl j mp <u>ir</u> bu <u>D</u> uq <u>u</u>]4]2]14]	naanak paap karay <u>tin</u> kaaran <u>u</u> jaasee jampur baa <u>D</u> haa <u>ta</u> a. 4 2 14	O Nanak, she commits sins for their sake; she shall go, bound and gagged, to the City of Death. 4 2 14